

April 2024

THE EIGHTEEN

Annual Newsletter

2023
2024



AREA 18

Division F, District 105

Celebrating a remarkable milestone

Toastmasters International marks its 100th anniversary in this year! From its inception in 1905 by Dr. Ralph C. Smedley, the journey has been one of resilience and dedication.

Though the initial groups established by Dr. Smedley dissolved, his unwavering commitment reignited the flame, leading to the official formation of Toastmasters International in 1924. As we reflect on our condensed timeline starting from that pivotal year, let's honor the vision and perseverance that have shaped Toastmasters into the global powerhouse it is today. Here's to a century of fostering communication, leadership, and personal growth!



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Editor Message

“ The Significance of the Number 18

Fellow Toastmasters of Area 18,

I'm delighted to present this edition of the Area 18 newsletter!

First, a heartfelt thank you to the Area 18 council, led by our exceptional Area Director, **TM Champakavalli**. Their tireless teamwork and dedication are the backbone of our continued growth and success.

This issue is packed with informative content! You'll find inspiring messages from District leadership, alongside a celebration of the remarkable achievements of our Clubs, **Bahwan International Group Mana TKS, Mana Telugu, and Muscat Debaters Toastmasters** clubs during the 2023-24 term.

Reflecting on the past year, our journey in Area 18 has been characterized by growth, resilience, and a prevailing spirit of positivity. Symbolically, the number 18 signifies a significant new phase, brimming with fresh beginnings and promising changes. We have embraced challenges with optimism and commitment, upholding our dedication to personal and collective development.

As we move forward, let's carry the lessons learned and the strong bonds we've built. By supporting one another, we'll navigate the exciting path ahead in Area 18. Here's to continued growth, remarkable achievements, and a future brimming with positivity in the upcoming year!

Together, let's make Area 18 a beacon of collaboration, accomplishment, and unwavering optimism within Division F of District 105.

Hariprasad Gantyalala

Editor In Chief

PR Manager, Area 18



Meet Area 18 Council

The Area 18 Executive Committee comprises a team of proactive and dedicated individuals devoted to facilitating and steering our Toastmasters clubs on their journey towards excellence.

Led by the capable Area Director **TM Champakavalli**, the team operates in close collaboration to ensure the overall prosperity and development of our members. With Program Quality Director **TM Arun Kumar**, Club Growth Director **TM Shiju H. Pallithazheth**, Public Relations Manager **TM Hariprasad**, and Secretary **TM Vamsi Krishna**, each contributing their distinctive expertise and enthusiasm, the team enriches the diverse fabric of our Toastmasters community.

Benefiting from the wealth of experience and wisdom of Immediate Past Area Director **Hafeez Hasan DTM**, the team stands well-prepared to empower our clubs and members in realizing their utmost potential. Together, they epitomize the values of teamwork, excellence, and continual enhancement that resonate within our Area 18 Toastmasters family.



The banner features the Toastmasters International logo on the left. The title 'AREA 18 COUNCIL' is in large red letters, followed by 'DIVISION F, DISTRICT 105' in blue and '2023-24' in red. Below the title are seven circular portraits of the council members, each with their name and role in blue and red text. The layout is clean with a white background and blue and red geometric accents in the corners.



AREA 18 COUNCIL

DIVISION F, DISTRICT 105

2023-24



TM CHAMPAKAVALLI
Area Director



TM ARUN KUMAR
Asst. AD Program Quality



TM SHIJU H. PALLITHAZHETH
Asst. AD Club Growth



TM HARIPRASAD
Area PR



TM VAMSI KRISHNA
Area Secretary



TM HAFEZ HASAN
IP AD

Area Director Message

A Transformative Ride Since 2017



Since joining Toastmasters in 2017, my journey has been nothing short of transformative. I have experienced personal growth, honed my communication and leadership skills, and built lasting connections with fellow members. The Toastmasters platform has been instrumental in shaping my confidence and providing valuable life lessons.

One of the most significant takeaways from my Toastmasters journey is the emphasis on continual improvement. As I navigated through various roles as a club officer, I learned the importance of adaptability and effective leadership. Each role presented unique challenges and opportunities, allowing me to expand my skill set and enhance my problem-solving abilities. The supportive environment of Toastmasters enabled me to gain practical experience in managing teams and organizing events, skills that I could directly apply to my professional and personal life.

Throughout my time in Toastmasters, I have embraced the philosophy of learning by doing. The constructive feedback I received from fellow members has been instrumental in my development as a speaker and leader. One of the quotes that resonates with me is,

"I never lose. I either win or learn."

This mindset has empowered me to view setbacks as learning opportunities and to continuously refine my abilities.

Toastmasters has provided me with a network of supportive individuals like **TM Khamar Basha**, **TM Arun Kumar** (Area PQD) **TM Hari prasad** (Area PR), **TM Naresh** , **TM Vamsi Krishna** (Area Secretary), **TM Soundar** who have been of great support in my Journey as an AREA DIRECTOR. **Though I have mentioned few names the list is endless.** The camaraderie within the club has been invaluable, as we motivate and cheer each other on in our respective journeys. I have found inspiration in the diverse stories and experiences shared by fellow members, broadening my perspective on communication and leadership.

Area Director Message

“A Transformative Ride Since 2017

As I reflect on my journey in Toastmasters, I am reminded of the saying,

"Success is not final, failure is not fatal: It is the courage to continue that counts."

The supportive community of Toastmasters has instilled in me the resilience and determination to persist in the face of challenges, reinforcing the belief that personal growth is an ongoing process.

In conclusion, my experience in Toastmasters since 2017 has been a metamorphic journey filled with enriching experiences, valuable lessons, and enduring friendships. As I continue to evolve within the Toastmasters community, I am reminded of the words of Ralph Waldo Emerson,

"Do not go where the path may lead, go instead where there is no path and leave a trail."

Toastmasters has empowered me to chart my own path, continually striving for growth and leaving a positive impact on those around me.

TM Vittala Champakavalli

Area 18, Director



District Director Message **Transformed by Toastmasters**

Dear Dashing Toastmasters of Area 18,

Navigating through the final stretch of this term, I believe it is essential to pause and reflect on the remarkable journey we've had thus far. The year has been filled with vibrant meetings, insightful speeches, and unparalleled growth that has not only enhanced our speaking and leadership skills but also fostered a sense of unity and camaraderie among us.

The clubs in your Area, namely, Bahwan International Group, Mana TKS Toastmasters, Muscat Debaters Toastmasters Club, and Mana Telugu Toastmasters Club have consistently set a high standard for excellence. Your unwavering commitment to personal and professional development has resulted in numerous achievements that deserve to be celebrated. It's your enthusiasm and dedication that have propelled your club to new heights, making Area 18 shine in our District's landscape.

As we look ahead, let us keep our focus on achieving the goals we've set for this term. The finish line may be in sight, but our journey towards excellence is far from over. Now is the time to intensify our efforts, to ensure that we meet and surpass our objectives.

Let's use this momentum to push ourselves further, embracing every opportunity to learn, grow, and achieve. Remember, the achievements of our clubs reflect the individual efforts of each member. Your hard work, dedication, and passion are the driving forces behind our success.

In closing, I want to express my deepest gratitude for your contribution to the vibrant Toastmasters by being valuable members of Area 18 under the leadership and guidance of your passionate Area Director **TM Champakavalli** and her team. Your enthusiasm, commitment, and hard work have not gone unnoticed. Let's continue to support each other, reach for our goals, and finish this term on a high note, setting an example for future members to follow.

District Director Message

Transformed by Toastmasters

Together, we can achieve greatness. Here's to a successful end to our term and the anticipation of even greater achievements in the future.

Yours in Service and Excellence



Jameel Shakeel, DTM
District Director, District 105





A well-thought-out strategy or a good plan is more than simply a road map to success; it is the cornerstone of sustaining the four basic values that characterize the Toastmasters experience: integrity, respect, service, and excellence.

Toastmasters is a great platform where other than stage time and leadership opportunities, we also get to experiment with the art of planning and team work. Our 4 Core Values are closely associated to proper planning.

Planning and Integrity: The Promise You Make to Yourself

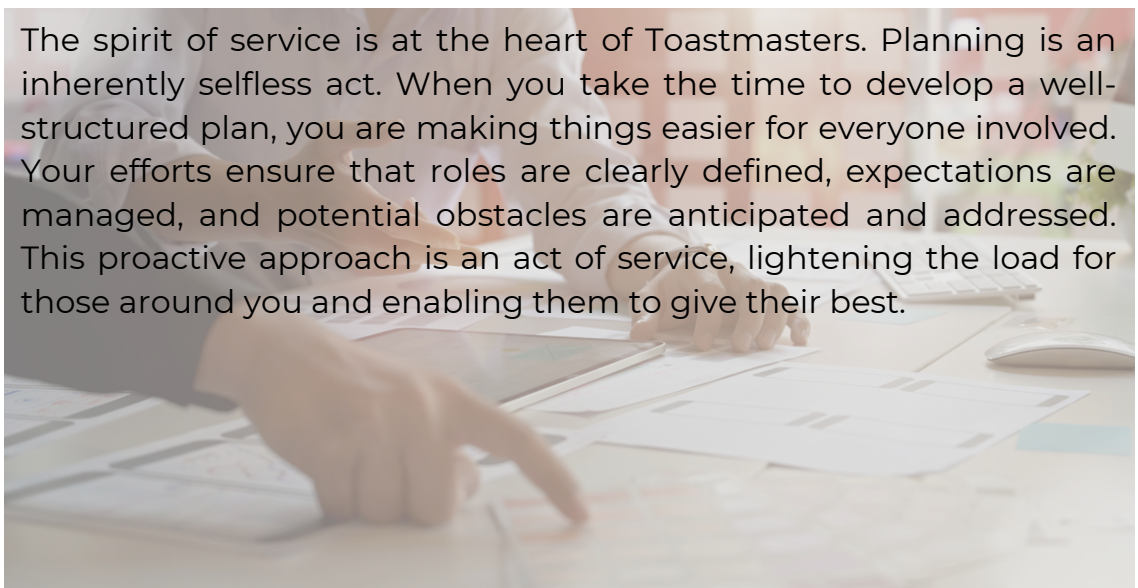
Integrity means doing the right thing with the best of your ability, even when no one is watching. Whether it's a speech for your next Toastmasters meeting or a project at work, when you plan you are making a commitment to yourself. Planning is a silent promise to yourself to bring your best self to the table.

Respect Through Planning: Honoring Time and Talent

Respect for your fellow Toastmasters and colleagues is reflected in how you value their time, resources, and abilities. By carefully considering meeting agendas, project timelines, and the allocation of responsibilities, you demonstrate respect for others. You help your team operate efficiently, avoiding wasted effort and ensuring everyone's contributions are valued.

Planning as an Act of Service

The spirit of service is at the heart of Toastmasters. Planning is an inherently selfless act. When you take the time to develop a well-structured plan, you are making things easier for everyone involved. Your efforts ensure that roles are clearly defined, expectations are managed, and potential obstacles are anticipated and addressed. This proactive approach is an act of service, lightening the load for those around you and enabling them to give their best.



District PQD Message

Planning

The Cornerstone of Toastmasters Core Values

Excellence: The Fruit of Meticulous Planning

"Failing to plan is planning to fail," rings true in many aspects of life. When you have with a carefully crafted plan, you set the stage for excellence. A well-devised plan allows you to anticipate challenges, allocate resources effectively, refine your approach, and measure your progress. With a detailed roadmap, you increase the likelihood of exceptional results – the true embodiment of the Toastmasters value of excellence.

Dear Toastmasters & leaders, people often wonder how can we improve the QUALITY of Toastmasters experience & learning? The one word answer is 'PLANNING'.

Planning our regular meetings in advance is the key. Involve the personal achievements members as part of your plan – it can work wonders. By meticulously crafting our approach to meetings, projects, and our individual growth journeys, we not only pave the way for our own success but also uphold the core values that define our organization. Planning ensures integrity, respect, service, and ultimately, the pursuit of excellence. Embracing planning is not just a tactic for achievement, but a commitment to living the Toastmasters values every step of the way.

Saiju Victor, DTM
Program Quality Director
District 105



District CGD Message Learning Avenues



It was a pleasure to be attending the Mid-Year training in Turkey at the beginning of this year. A great opportunity to meet some of the finest leaders from Region 11 including the International President, DTM Morag Mathieson and her team. The 2-day training was an eye opener for me as it gave me the tools and the information to execute and redefine the District 105 plan.

The Area and the Division speech contests in Oman and in Abu Dhabi were a treat to watch for me during the past 2 months. I could not attend all the Speech contests, but the ones I had an opportunity to attend gave me a sense of pride and belonging to the Toastmasters Fraternity. The contestants had a majestic presence on stage, used body language to great effect, some of them very hilarious. It's not possible for everyone to win at the speech contest, but participation in a contest is the key. I found Toastmasters enjoying these speech contests with some of them taking up Leadership assignments while the others settle for the communication skills segment.

As I near the completion of 9 months of my term as the District 105, Club Growth Director, I am quite happy to have taken up this leadership challenge. It has given me the opportunity to interact with many Toastmasters around the globe and learn many new things in life. Although, the role involves a lot of follow up with the team members, however, I have been able to handle it with the help of the CGD team members who are skillful and always willing to help. It gives me an opportunity to recognize their work, review my performance and express words of gratitude, appreciation, and encouragement.

There will be more excitement in April 2024 after the Eid holidays as the Division contests will be completed. Thus, setting us up for the wishful DTAC 2024 in Oman.

"Success is stumbling from failure to failure with no loss of enthusiasm" said Winston Churchill.

Cyprian Misquith, DTM
Club Growth Director
District 105



District PRM Message

“ Celebrating Diversity

Greetings, fellow Toastmasters!

In the bustling community of Area 18, diversity isn't just celebrated—it's cherished. Let's take a stroll through the colorful array of the four clubs in our area.

From the lively Bilingual English-Telugu Club to the vibrant Telugu Club and the captivating Arabic Club, each one offers a unique cultural experience. But why are these language-specific clubs so essential?

Imagine walking into a room filled with the rich cadence of Telugu or the melodic sounds of Arabic. These language clubs not only provide a platform for members to hone their communication skills but also offer a deeper connection to their roots. They allow members to express themselves in their native tongue, fostering a sense of belonging and pride.

But the magic doesn't stop there. Our corporate club which is one of the oldest clubs in the District adds another layer of legacy in this very diversity, bringing together professionals from various industries. Here, members sharpen their leadership skills while exchanging invaluable insights from their respective fields.

Through her unwavering support and guidance, our Area Director has helped each club in Area 18 reach new heights. Whether it's organizing workshops, providing mentorship, or simply lending a listening ear, her dedication knows no bounds.

One personal anecdote that exemplifies the unity in diversity within our area occurred during the Area Contest. Members from different clubs came together to showcase their talents, share stories, and laugh heartily over shared experiences. In that moment, it became clear that our diversity is not just a source of strength but also a catalyst for harmony and understanding.

As we continue on our Toastmasters journey, let's celebrate the tapestry of cultures that make Area 18 truly special. Together, let's embrace diversity, inspire growth, and create lasting memories. Kudos! to Our Area Director, **TM Champakavalli**, has been instrumental in fostering an environment where every club thrives, regardless of language or background.

TM Avodai Nayagam
Public Relations Manager
District 105



Division Director Message

Embrace the Power of Leadership



Dear Members of Area 18,

As we gather to celebrate another year of growth and achievement in our Toastmasters community through this newsletter, I am reminded of the profound impact of leadership on our personal and collective journeys. Leadership is not just a role—it is a way of life that inspires, empowers, and drives positive change.

In our fast-paced and dynamic world, it's crucial to draw inspiration from contemporary leaders who exemplify the essence of impactful leadership. One such living legend who embodies this spirit is Oprah Winfrey. From humble beginnings, Oprah rose to become a media mogul, philanthropist, and advocate for empowerment and education. Her ability to connect with people, share stories that resonate, and create positive change through her platform is a testament to the transformative power of leadership.

Another inspiring example is Jacinda Ardern, the Ex Prime Minister of New Zealand. Ardern has gained global acclaim for her compassionate and decisive leadership, especially during challenging times such as the social chaotic incidents and the COVID-19 pandemic. Her inclusive approach and commitment to kindness in governance set a shining example for leaders worldwide.

Within our Toastmasters community, we witness extraordinary leadership every day. From club officers who dedicate their time to nurture club culture and mentor new members, to contest organizers who inspire participants to showcase their talents—the impact of leadership is palpable and invaluable.



Division Director Message

“**Embrace the Power of Leadership**”

As members of Area 18, let us uphold the core tenets of leadership throughout our Toastmasters expedition. Leadership transcends mere titles; it involves seizing initiative, fostering collaboration, and effecting positive change in others' lives. Whether you are a seasoned leader or embarking on your leadership voyage, bear in mind that each action you take holds the power to inspire and uplift those around you.

In the forthcoming year, let us challenge ourselves to lead with integrity, empathy, and purpose. Let us bolster one another in our personal growth and commemorate our shared accomplishments. Together, we can persist in our pursuit of excellence and create a meaningful impact within our clubs, Area 18, and the broader community.

I am privileged to serve as your Division F Director and eagerly anticipate witnessing the remarkable leadership journeys of each of you. Let us unite to inspire, enable, and pave the way for progress!

Let us derive joy from exploring this newsletter, rekindling the memories of our collaborative and productive time spent together.



Dr. Rajulal Rafeek, DTM

Director, Division F
District 105

Area PQD Message

Transformed by Toastmasters

A Journey of Growth and Leadership

Many of us found ourselves at our first Toastmaster session due to the insistence of friends, didn't we?

The same happened to me, attended the first Session of Toastmasters after so many requests from the well-wishers, and made up my mind to join the Toastmasters immediately, my growth is immense in “ Toastmasters Club“, It help me to gain active listening skills and helped in my professional career when attending the meetings.

Why Toastmasters?

From the moment I walked into my first Toastmasters meeting, I felt a mixture of excitement and nervousness. I had been persuaded to attend by a friend who insisted it would help me improve my communication skills. Little did I know it would change my life in ways I never imagined.

As I sat through the meeting, observing the structured yet supportive environment, I was intrigued. Everyone had a role to play, from speakers to evaluators, and each participant was treated with respect and encouragement. Inspired by what I witnessed, I decided to become more involved.



Area PQD Message

“Transformed by Toastmasters

A Journey of Growth and Leadership

I started by volunteering for small roles within the club, such as timer and grammarian. With each role, I gained confidence and learned valuable lessons about communication and leadership. Encouraged by my progress, I set my sights higher and ran for a position on the club's executive committee.

To my surprise, I was elected as the club president. It was a daunting responsibility, but I embraced the challenge with enthusiasm. Over the course of my term, I learned how to manage a team, coordinate meetings, and foster a positive club culture. I discovered strengths within myself that I never knew existed.

But my journey didn't end there. Inspired by the transformative power of Toastmasters, I decided to take on leadership roles at the district level. Serving as an Assistant Area Director program quality and later as part of the Division F Club Growth team, I continued to grow and develop as a leader.

Looking back on my journey, I am amazed by how far I've come. Toastmasters has not only helped me improve my communication skills but has also given me the confidence to pursue my goals and dreams. It has taught me the importance of stepping out of my comfort zone and embracing new challenges.

Today, I am grateful for the friends I've made, the lessons I've learned, and the people I've become. Toastmasters has truly transformed my life, and I am excited to see where this journey takes me next

TM Arun Kumar

Program Quality Director
Area 18



IPAD Message

The Path to Excellence

A Journey Through Area Directorship



In the realm of personal and professional development, few experiences rival the transformative journey of assuming a leadership role within Toastmasters International. As I reflect on my tenure 2022-2023 as Area Director for Area 11, I am filled with gratitude for the invaluable lessons learned and the growth experienced.

Initially hesitant, I embarked on this leadership role with a misconception, viewing it merely as a steppingstone towards achieving the Distinguished Toastmaster (DTM) designation. However, the reality surpassed my expectations, unveiling the profound significance of this position. Serving as an Area Director proved to be far more than a pursuit of personal accolades; it was an opportunity to become the vital link between the clubs under my purview and the broader District team.

Throughout the year, I immersed myself in new experiences, each offering unique lessons and insights. From facilitating communication between clubs to liaising with District leadership, every interaction contributed to my development as a leader. It became evident that the role of an Area Director transcends administrative duties; it is a platform for fostering growth, collaboration, and community within the Toastmasters ecosystem. Central to my journey were the relationships forged with fellow **Area Directors for Area 10,12 & 15 and the Division C Director TM Avodai**. Their unwavering support and camaraderie not only alleviated the challenges but also enriched the experience manifold. Together, we navigated the complexities of our roles, leveraging each other's strengths and expertise to overcome obstacles and achieve collective success.



IPAD Message

“The Path to Excellence

A Journey Through Area Directorship

One of the most rewarding aspects of my tenure was witnessing the tangible impact of our efforts. Through diligent monitoring and support, our area emerged as a beacon of excellence within the district, securing the top position — a testament to the dedication and commitment of all involved.

Undoubtedly, challenges abounded, from monitoring club performance to **ensuring membership renewals and fostering participation in educational events**. Yet, it is through these challenges that we honed our skills, discovering innovative techniques and showcasing our capabilities. Each hurdle became an opportunity for growth, a chance to demonstrate resilience and adaptability in the face of adversity.

As I conclude my tenure as Area Director, I urge others to seize similar opportunities for leadership. Beyond the pursuit of personal achievements, these roles offer a platform for profound growth, enabling individuals to make meaningful contributions to their communities. Embrace the journey, for it is in the challenges and triumphs alike that true leadership is forged.

In essence, my tenure as Area Director has been a testament to the transformative power of leadership within Toastmasters. It is a journey defined by growth, camaraderie, and the relentless pursuit of excellence—a journey I am deeply grateful to have undertaken.



Hasan Hafez, DTM

IPAD, Area 18

President, BIG Toastmasters

Message from **BIG Leadership**

A Journey of Growth and Gratitude

Reflecting on Toastmasters Success



As an active member of Toastmasters since 2021, my journey has been one of continuous growth and profound gratitude. Holding the role of Vice President of Education for the Bahwan International Group Toastmasters Club, I've had the privilege of immersing myself in various facets of leadership and communication.

My journey in Toastmasters has been marked by active participation in contests, each presenting unique challenges and opportunities for personal development. Contesting for the third time in the Annual Contests at Club, Area, and Division levels, I've ventured into all categories ranging from Humorous Speech to Speech Evaluation, Table Topics, and International Speech.

This year has been particularly rewarding as I achieved a significant milestone by securing first place in all four categories at the Area Level contest, thus qualifying for the Division contest. This accomplishment not only fills me with immense pride but also serves as a testament to the dedication and support of my club, BIG Toastmasters.

Central to my success has been the unwavering guidance and mentorship of DTM Gurbinder Singh Punj, whose wisdom and encouragement have been instrumental in shaping my journey. Additionally, I am grateful to my Club Founder & Mentor, DTM Tom Cyriac, and esteemed senior Toastmasters such as DTM Hafez Hasan, MTM Safiya Al Yarabi, DTM Ashok Velip and every member of BIG Toastmasters for their continuous support and inspiration.

Beyond my immediate circle, I am deeply touched by the overwhelming support and well wishes extended to me by the broader Toastmasters community across District 105. It is the camaraderie and encouragement from fellow members that truly make Toastmasters special.

Message from **BIG Leadership**

“ **A Journey of Growth and Gratitude** Reflecting on Toastmasters Success

In conclusion, my Toastmasters journey exemplifies the power of dedication, mentorship, and community support. I am profoundly grateful for the opportunities for growth and learning that this organization has provided me. Moving forward, I am committed to paying it forward and supporting others in their pursuit of excellence.

Thank you for allowing me to share my experience and express my gratitude. Here's to continued growth and success for all Toastmasters members.

TM Vihang Rajan

VP Education

BIG Toastmasters



Message from **Mana TKS Leadership** **Overcoming Fear**

My Toastmasters Journey to Speaking Confidence



Fear has an insidious way of holding us back, limiting our potential, and robbing us of opportunities. For years, fear kept me from seizing speaking opportunities on platforms like TV interviews or on stage. It was a barrier that stifled my growth and prevented me from sharing my voice with the world. However, thanks to Toastmasters, I've overcome those fears and discovered a newfound confidence to speak boldly in front of audiences.

Toastmasters became my sanctuary, a place where I could confront my fears in a supportive environment. Surrounded by encouraging peers, I embarked on a journey of self-discovery and growth. Through structured speeches, impromptu speaking exercises, and constructive feedback, I began to chip away at the walls of fear that had held me captive for so long.

As I progressed through the Toastmasters program, I noticed subtle shifts in my confidence levels. What once seemed insurmountable became attainable. Armed with newfound skills and supported by my peers, I tackled speaking challenges head-on, each one bolstering my confidence and resilience.

The turning point came when I was presented with the opportunity to speak on stage in front of a large audience. In the past, fear would have paralyzed me, but thanks to Toastmasters, I seized the opportunity with confidence. Stepping onto that stage, I felt a surge of empowerment, knowing that I had the skills and support to succeed.



Message from **Mana TKS Leadership**

“**Overcoming Fear**

My Toastmasters Journey to Speaking Confidence

Today, I stand as living proof of Toastmasters' transformative power. What was once a source of fear and insecurity has blossomed into confidence and self-assurance. Toastmasters has equipped me with the tools and mindset to embrace speaking opportunities wholeheartedly, knowing that each moment on stage is an opportunity for growth and self-expression.

To anyone grappling with fear, I urge you to take that first step, to embrace discomfort, and to trust in the process of growth. Joining Toastmasters was one of the best decisions I've ever made, and it has transformed my life in ways I never thought possible. Here's to conquering fear, unlocking our potential, and embracing the journey of becoming confident speakers, one Toastmasters meeting at a time.

TM Imam Mohammed
President
Mana TKS Toastmasters



Message from **Muscat Debaters Leadership**

Shining Together



Muscat debaters Toastmasters club remains a shining star that charts the track for others to follow.

Since its inception in 2018 we made it a point that we will live our Toastmasters' values and conduct our weekly learning experience through exhibiting Integrity, respect, service and excellence. We created a welcoming culture and encouraged our members to dream big and keep stretching to excel. We created the opportunities and kept celebrating the achievements. Our members won so many trophies at the District Toastmasters Annual Conferences. They are serving our society and exhibiting their toastmasters skills that set them apart as leaders with impact.

In our club we empowered our members to conquer their fear by feeling the fear and do it anyways. We inspired them to find the jewels within them and keep progressing.

Their toastmasters experience was an opportunity for them to be the change they wanted to see in the world.

The Toastmasters education program is a platform for personal development and growth. It is an empowering avenue that made them embrace healthy habits such as daring to leave their comfort zone, forming reading habits, enjoying the benefits of nurturing networks and daring to dream, set goals, achieve them and keep shining.

As a member of Area 18 our club is among many shining stars and we all look forward to attend DTAC for shining together.

TM Ahmed AlAbri

President

Muscat Debaters Toastmasters



Message from **Mana Telugu Leadership** **President**

No boundaries to my happiness, When I heard that TKS is going to start Toast Masters for Telugu. It's a great platform for me to show love and passion towards my mother tongue.

Each and every session is new learning to me when we give speeches as per TMI rules.

Right from the beginning I tried my best for the growth of club and helped individuals to make most use of Toast Masters. With the help of my team we were able to perform to the best at area level contest held recently.

Proud to be part of our "Mana Telugu Toast Masters Club" for last 2 years . Proudly I can say we brought inner talents of our members who was away from stage appearance for years.

I would like to thank each and Every member of our Club, Mentors and Sponsors who help us in shaping our Skills to achieve big on Bigger platforms.



TM Siva Rama Krishna
President
Mana Telugu Toastmasters

Message from **Mana Telugu Leadership** **Teacher to Public Speaker**



A mediocre teacher tells, a good teacher explains, a superior teacher demonstrates and a great teacher inspires.

For me 'Toastmasters' is a great platform for learning and improving communication skills. It provided me a chance to meet many great role models. Being a native linguistic club, I always enjoyed the companionship of my fellow toastmasters who felt like my friends and family members. From the moment I started my journey here, I have been thoroughly enjoying and adoring every session. It unearthed my hidden talents and also enriched my personal thinking.

It is a great privilege and an honour for me to serve as the 'VP Education' for 'Mana Telugu Toastmasters Club'.

Let's all come together and use this medium for empowering oneself in a beautiful way and forge ahead with all our might. We can and we will.

TM Suneetha Khaja

VP Education

Mana Telugu Toastmasters



Area Initiatives



AREA 18

DIVISION F, DISTRICT 105

Join us for an enhanced experience in building your skills!

and discover how you can improve even further. Don't miss out on this opportunity!

OPEN HOUSE INITIATED BY AREA 18

Reasons to participate?

- Enhance Public Speaking Skills
- Networking Opportunities
- Receive Constructive Feedback
- Learn Valuable Techniques
- Discover Toastmasters

What you will learn..?

- How our club meetings are operated
- Supportive and Camaraderie atmosphere
- Key elements of public speaking
- Ultimate personal growth
- Clear communication skills
- Boost confidence
- Leadership development

Area 18 Clubs:

1. **BIG Toastmasters** #697

2. **Mana TKS Toastmasters**

#294

3. **Muscat Debaters**

Toastmasters #207

4. **Mana Telugu Toastmasters**

#32

Venue:

Hatat House, Complex A



07:00pm



28 Aug, 2023

Area 18 successfully conducted Open House on 28th Aug, 2023 with the support of BIG Toastmasters, Mana TKS Toastmasters and, Mana Telugu Toastmasters



Open House focuses on public speaking, leadership

KAREER YOUNG
@kareeryoung

Public speaking is a challenge for many. It needs regular practice to build confidence and emerge as a good orator in public.

Toastmasters is one such platform that helps expand knowledge in public speaking, communication and leadership skills.

Toastmasters first Open House in District 105, initiated by Area 18 Director TM Dr V Chankavalli, was held last week at Hotel House, The Area 18 comes under Division F, District 105 (Chennai).

Toastmasters International. The Open House emphasized the benefits of Toastmasters to prospective members interested in expanding their knowledge in

public speaking, communication and leadership skills.

The very purpose of the Open House was to attract a large number of guests and to boost membership. The club under Area 18 include Corporate Club (CC), Main TKS Toastmasters, Main Telugu Toastmasters and Musical Debaters (Arabic speaking).

Speaking to the Observer, TM Dr V Chankavalli said that open houses are held almost every year, and her guests are invited to share their expertise and knowledge with the participants, which help their personal development.

"With the Open Houses, we aim at improving the participants' confidence and shed any stage fear to model them to be better speakers of tomorrow. We are paying attention to their ability



to address a gathering, help them improve their leadership skills and provide an opportunity to network and interact with the other

participants." Dr Chankavalli added.

People from different parts of the community were invited

as guests, and dignitaries from District 105 (HQD and CGD), including Sate Victor, Division F Director, shared their experiences.

Guests were encouraged by the presentations by members, and many showed interest in joining the Toastmasters.

"Usually, leadership traits are hidden skills of a person, and unless there is the right opportunity to exhibit and hone the skills, they remain tacit and wouldn't even be able to breathe the quality."

The Open House was a huge success as a large number of participants made use of the occasion and interacted with each other, gaining new insights into the unspoken areas of leadership qualities, public speaking and fine-tuning their language. Members from all the clubs and District leaders appreciated the efforts of the Area 18 Director to highlight the Toastmasters International community.

Learn & Laugh

THE ART OF HUMOR IN US

Start From
06.00 pm onwards

Saturday
18 November, 2023

**Multipurpose Hall, Block E,
Al Assalah Towers,
Al Ghubrah**

Rajulal Rafeek, DTM
Division F Director

Sunil Sadasivan, DTM

TM Chankavalli
Area 18 Director

Education Session on
DECODING HUMOR

An Insightful event by **DIVISION F**, initiated by **AREA 18**
DISTRICT 105

AREA 18

DIVISION F, DISTRICT 105

Congratulations

to Annual Speech Contest 2023-24 winners

TM Naresh Kumar

TM Vihang Rajan

TM Khamar Basha

Humorous Speech

TM Naga Rani

TM Vihang Rajan

TM Venkatesh Kulkarni

Evaluation Speech

TM Vihang Rajan

TM Shiju H Pallithazheth

TM Sitaram Sakamuri

Table Topic Speech

TM Vihang Rajan

TM Khamar Basha

TM Venkatesh Kulkarni

International Speech

Wish you all the very best for Division Contest

“ Awards & Recognition

Area Picture
Perfect Award
from District 105
PR team



Marketing
Maestro Award
from District 105
CGD Team



BIG Toastmasters Achievements



Club Officers Installation



Awards & Recognition from
District 105



“BIG Toastmasters Achievements

Club Award

Bahwan International Group Toastmasters

Area 11, Division C

DISTRICT 105

PROGRAM QUALITY AWARDS
2022 - 2023

Super 7 COT Award

5DCP achiever award

Bahwan International Group
Toastmasters Club

Area 18 Division F

DISTINGUISHED READY CLUB

pq awards 2023-24

THE ANNUAL SPEECH CONTEST 2023-24
SPEECH EVALUATION WINNERS

WINNER
TM VIHANGG RAJAN

1ST RUNNER UP
TM SHIJU H. PALLITHAZHETH

2ND RUNNER UP
TM SUSHILENDRA ARCHAK

THE ANNUAL SPEECH CONTEST 2023-24
HUMOROUS SPEECH WINNERS

WINNER
TM VIHANGG RAJAN

1ST RUNNER UP
TM ANANDA NATARAJAN

2ND RUNNER UP
TM ZAHIR ABBAS

THE ANNUAL SPEECH CONTEST 2023-24
TABLE TOPIC WINNERS

WINNER
TM SHIJU H. PALLITHAZHETH

1ST RUNNER UP
TM VIHANGG RAJAN

2ND RUNNER UP
TM RAJESH TN

THE ANNUAL SPEECH CONTEST 2023-24
INTERNATIONAL SPEECH WINNERS

WINNER
TM VIHANGG RAJAN

1ST RUNNER UP
TM SHIJU H. PALLITHAZHETH

2ND RUNNER UP
DTM HAFEZ HASAN

Region 11 District 105

Triple Crown Winners

TM Nasser Al Amri

District 105 acknowledges our beloved member on successfully completing 3 Levels of Pathways

September 2023

pq awards 2023-24

Region 11 District 105

Triple Crown Winners

TM Safiya S. Al Yarabi

District 105 acknowledges our beloved member on successfully completing 3 Levels of Pathways

September 2023

pq awards 2023-24

Region 11 District 105

Triple Crown Winners

DTM Gurbinder Singh Punn

District 105 acknowledges our beloved member on successfully completing 3 Levels of Pathways

October 2023

pq awards 2023-24

Mana TKS Toastmasters Achievements



Club Officers Installation



Awards & Recognition from District 105

66 Mana TKS Toastmasters Achievements



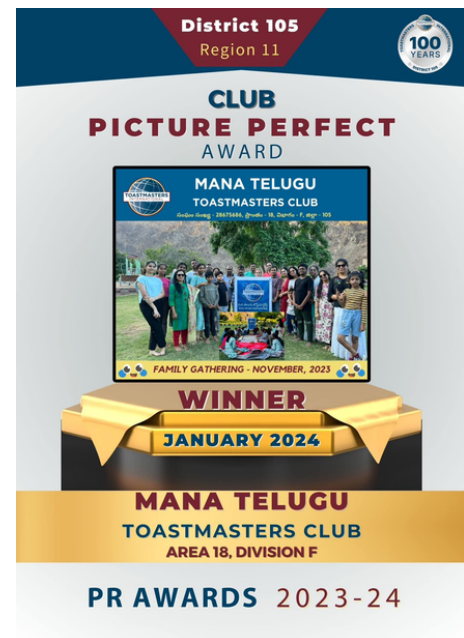
Awards & Recognition from District 105 team

MANA TKS TOASTMASTERS CLUB <small>CLUB # 5277651, AREA18, DIVISION F</small>					
EVALUATION WINNERS			TABLE TOPICS WINNERS		
Winner	1st Runner	2nd Runner	Winner	1st Runner	2nd Runner
TM Naresh Kumar	TM Khamar Basha	TM Arun Kumar	TM Venkatesh Kulkarni	TM Naresh Kumar	TM Arun Kumar
HUMOROUS SPEECH WINNERS			INTERNATIONAL SPEECH WINNERS		
Winner	1st Runner	2nd Runner	Winner	1st Runner	2nd Runner
TM Venkatesh Kulkarni	TM Vamsi Krishna	TM Hari Prasad	TM Khamar Basha	TM Venkatesh Kulkarni	TM Naresh Kumar

Mana Telugu Toastmasters Achievements



Club Officers Installation



Awards & Recognition from District 105



“ Muscat Debaters Toastmasters Achievements



Club Officers Installation



Awards & Recognition from District 105

THE EIGHTEEN

Annual Newsletter

**"We learn best in
moments of enjoyment."**

— Dr. Ralph C. Smedley, Founder,
Toastmasters International

AREA 18

Division F, District 105