

ISSUE 05, April 2024

AREA 7

NEWSLETTER 2023-2024

HARMONY VOYAGE



WORK HARD
**TO GET
SUCCESS**

TOASTMASTERS
INTERNATIONAL



TABLE

03

AREA 7 DIRECTOR MESSAGE

04

MESSAGE FROM DISTRICT DIRECTOR

05

**MESSAGE FROM PROGRAM
QUALITY DIRECTOR**

06

**MESSAGE FROM CLUB
GROWTH DIRECTOR**

07

**MESSAGE FROM CLUB
GROWTH DIRECTOR**

07

**MESSAGE FROM PUBLIC
RELATION MANAGER**

08

**MESSAGE FROM
DIVISION B DIRECTOR**

09-12

**MESSAGE FROM CLUB
PRESIDENTS**

13-15

PHOTOS COLLECTION



CONTENTS



Since
1924

NAVIGATING GROWTH AND COLLABORATION: REFLECTIONS FROM AN AREA DIRECTOR



As an Area Director, I have had the privilege of witnessing the remarkable growth and collaboration within our vibrant Toastmasters community. Over the past months, our area has become a hub of learning, support, and camaraderie, reflecting the true spirit of Toastmasters.

Furthermore, our area has embraced a culture of collaboration and support. Club officers and members alike have come together to share resources, ideas, and best practices, enriching the experience for everyone involved. Whether it's organizing joint meetings, hosting workshops, or simply offering a word of encouragement, the sense of community within our area is truly inspiring.

As we look ahead, I am excited about the opportunities for continued growth and collaboration within our area. There is immense potential for us to expand our reach, engage new members, and make an even greater impact in our communities. By fostering a culture of inclusivity, innovation, and continuous learning, I am confident that we will achieve new heights of success together.

In closing, I am grateful for the opportunity to serve as Area Director and to be a part of this dynamic and supportive Toastmasters community. Together, let us continue to navigate the journey of growth, learning, and collaboration, empowering each other to reach new levels of excellence.





Dear Area 7 Toastmasters,

I hope this message finds you all in great spirits and health. It is both an honour and a privilege to address a group as dynamic and dedicated as the one we have in Area 7 lead by the dynamic Area Director 'Mr Cool', TM Nader. Over the past months, you have made remarkable achievements within your area that speak volumes about your commitment to excellence and personal development.

Your passion for learning and improving not only as speakers but as leaders is a testament to the core values of Toastmasters, Integrity, Respect, Service, and Excellence. Each meeting, each speech, and each evaluation you've participated in has contributed significantly to the vibrant and supportive atmosphere in your Area.

I want to specifically acknowledge the efforts of every member who has stepped out of their comfort zone to take on new roles, those who have guided others as mentors, and everyone who has contributed to helping our District our area a beacon of learning and growth. Your enthusiasm and dedication are what make Area 7 truly outstanding.

Looking ahead, we have much to be excited about. The challenges and opportunities that come our way are not merely obstacles but stepping stones to greater achievements. Let us embrace them with the same zeal and spirit that have brought us this far.

As you progress in your journey, I encourage each one of you to actively engage in leadership opportunities within your clubs and beyond. The skills you cultivate as leaders today will not only benefit you but will also contribute to the strength and resilience of our entire Toastmasters community.

Thank you for your hard work, your perseverance, and your unwavering commitment to excellence. Here's to achieving even greater heights as we close off this term and look forward to doing so with style!

Thank you for being an essential part of our Toastmasters family.

Yours in Service and Excellence,



PLANNING: THE CORNERSTONE OF TOASTMASTERS CORE VALUES

A well-thought-out strategy or a good plan is more than simply a road map to success; it is the cornerstone of sustaining the four basic values that characterize the Toastmasters experience: integrity, respect, service, and excellence.

Toastmasters is a great platform where other than stage time and leadership opportunities, we also get to experiment with the art of planning and team work. Our 4 Core Values are closely associated to proper planning.

Planning and Integrity: The Promise You Make to Yourself

Integrity means doing the right thing with the best of your ability, even when no one is watching. Whether it's a speech for your next Toastmasters meeting or a project at work, when you plan you are making a commitment to yourself. Planning is a silent promise to yourself to bring your best self to the table.

Respect Through Planning: Honoring Time and Talent

Respect for your fellow Toastmasters and colleagues is reflected in how you value their time, resources, and abilities. By carefully considering meeting agendas, project timelines, and the allocation of responsibilities, you demonstrate respect for others. You help your team operate efficiently, avoiding wasted effort and ensuring everyone's contributions are valued.

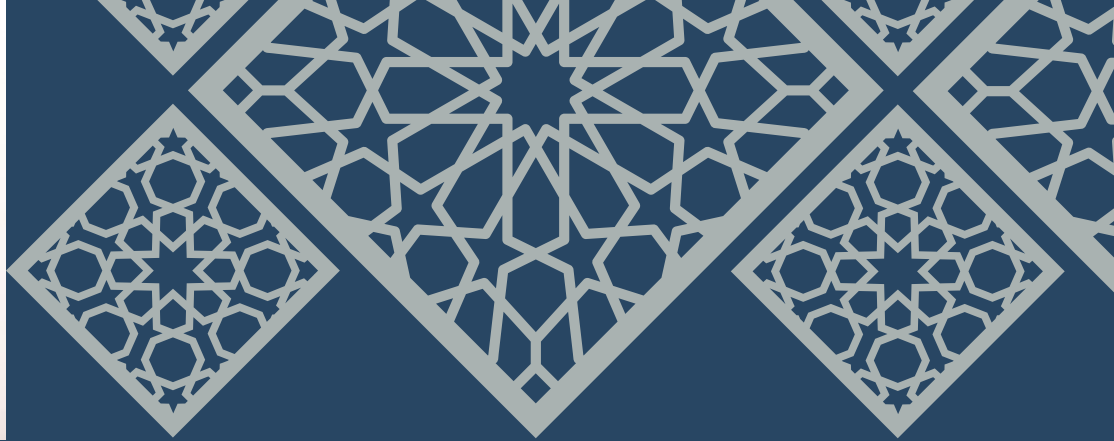
Excellence: The Fruit of Meticulous Planning

"Failing to plan is planning to fail," rings true in many aspects of life. When you have with a carefully crafted plan, you set the stage for excellence. A well-devised plan allows you to anticipate challenges, allocate resources effectively, refine your approach, and measure your progress. With a detailed roadmap, you increase the likelihood of exceptional results – the true embodiment of the Toastmasters value of excellence.

Dear Toastmasters & leaders, people often wonder how can we improve the QUALITY of Toastmasters experience & learning? The one word answer is 'PLANNING'.

Planning our regular meetings in advance is the key. Involve the personal achievements members as part of your plan – it can work wonders. By meticulously crafting our approach to meetings, projects, and our individual growth journeys, we not only pave the way for our own success but also uphold the core values that define our organization. Planning ensures integrity, respect, service, and ultimately, the pursuit of excellence. Embracing planning is not just a tactic for achievement, but a commitment to living the Toastmasters values every step of the way.

SAIJU VICTOR, DTM



LEARNING AVENUES

It was a pleasure to be attending the Mid-Year training in Turkey at the beginning of this year. A great opportunity to meet some of the finest leaders from Region 11 including the International President, DTM Morag Mathieson and her team. The 2-day training was an eye opener for me as it gave me the tools and the information to execute and redefine the District 105 plan.

The Area and the Division speech contests in Oman and in Abu Dhabi were a treat to watch for me during the past 2 months. I could not attend all the Speech contests, but the ones I had an opportunity to attend gave me a sense of pride and belonging to the Toastmasters Fraternity. The contestants had a majestic presence on stage, used body language to great effect, some of them very hilarious. It's not possible for everyone to win at the speech contest, but participation in a contest is the key. I found Toastmasters enjoying these speech contests with some of them taking up Leadership assignments while the others settle for the communication skills segment.

As I near the completion of 9 months of my term as the District 105, Club Growth Director, I am quite happy to have taken up this leadership challenge. It has given me the opportunity to interact with many Toastmasters around the globe and learn many new things in life. Although, the role involves a lot of follow up with the team members, however, I have been able to handle it with the help of the CGD team members who are skillful and always willing to help. It gives me an opportunity to recognize their work, review my performance and express words of gratitude, appreciation, and encouragement.

There will be more excitement in April 2024 after the Eid holidays as the Division contests will be completed. Thus, setting us up for the wishful DTAC 2024 in Oman.

“Success is stumbling from failure to failure with no loss of enthusiasm,” said Winston Churchill.

**CYPRIAN MISQUITH, DTM
CLUB GROWTH DIRECTOR, REGION 11, DISTRICT 105,
JORDAN, PALESTINE, OMAN, ABU DHABI (UAE)**



NAVIGATING AS A LEADER LEADERSHIP: THE VITAL ROLE OF THE AREA DIRECTOR

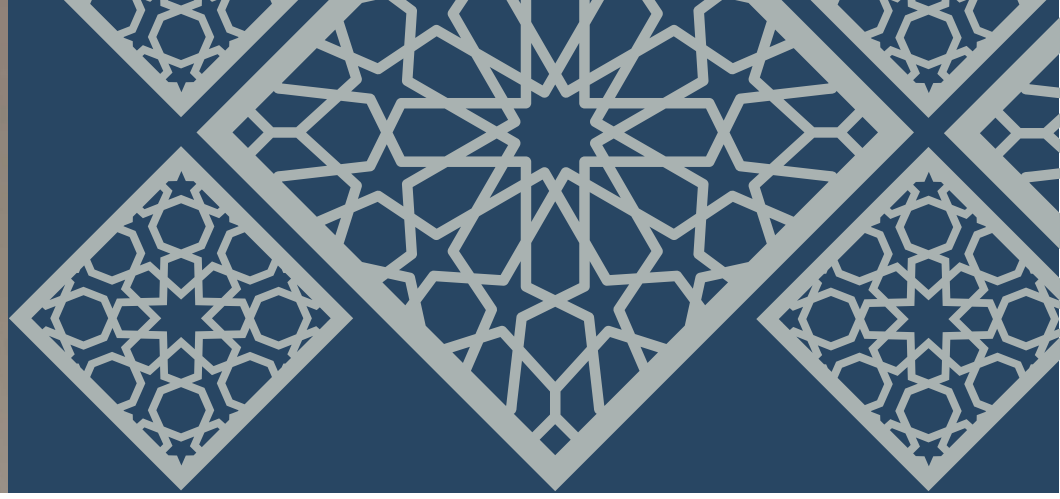
In the intricate tapestry of a District office, leadership isn't just a title; it's the compass guiding the ship through uncharted waters. At the heart of this leadership lies the pivotal role of the Area Director, the unsung hero orchestrating the symphony of growth and development.

Picture this: a bustling District office resembling a beehive of activity. Amidst the buzz, the Area Director stands as the linchpin, bridging between the clubs to the District. Their influence ripples through every corner, empowering and inspiring fellow members to reach new heights.

But behind every successful Area Director lies a tale of perseverance and the occasional missed call. Yes, not all calls are answered, but the mark of effective leadership is being ready to seize every opportunity that comes your way. It's about staying agile in the face of uncertainty, much like a seasoned chess player navigating a complex board and not every win is really a win nor is a tie loss.

In my own journey, I've learned that leadership isn't just about making the right moves; it's about embracing the unexpected with grace and enjoy the moment and be happy for it later.. Because in the end, it's not the missed calls that define us, but rather our unwavering commitment to answer the ones that truly matter.

AVODAI NAYAGAM
PUBLIC RELATION MANAGER, REGION 11, DISTRICT 105,



"INDIVIDUALLY, WE ARE ONE DROP. TOGETHER, WE ARE AN OCEAN." - RYUNOSUKE SATORO

Dear Esteemed members of Area 7,

I am continually inspired by the vibrant energy and unwavering dedication each of you brings to our Toastmasters community. Just like threads in a rich and diverse tapestry, your presence enriches our shared journey.

Our true strength lies not in the accolades we accumulate, but in the collective spirit of support and encouragement we offer one another. Each member, with his or her unique talents and experiences, adds depth and richness to our tapestry, enhancing our journey in ways beyond measure.

The potential in each individual to grow is unlimited, and we must never underestimate it. It is this profound belief in each member's capacity to grow and excel that forms the bedrock of our community's strength and resilience. Toastmasters is a diverse classroom with people from all walks of life, which makes this journey so beautiful and worthwhile. The lessons we learn, be it in public speaking, leadership, or simply life, are invaluable treasures.

Every speech delivered, evaluation given, and role fulfilled is a testament to your unwavering dedication and commitment. Together, we weave a nurturing environment where personal growth and excellence are not only encouraged but celebrated with open hearts and warm applause.

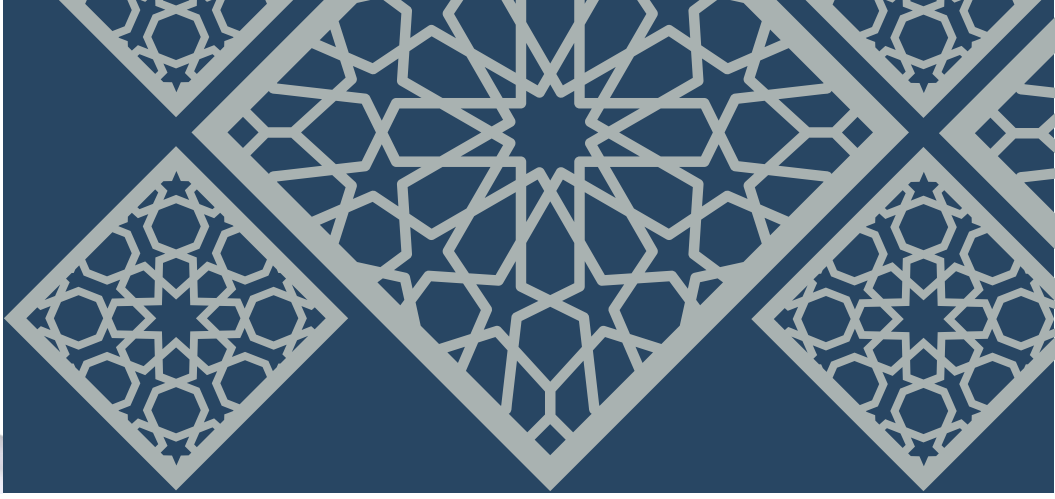
As we journey forward in Toastmasters, let us face every challenge that comes our way with courage, and let us lift each other up with kindness and compassion, for it is in our unity and diversity that our greatest strength lies.

I extend my heartfelt gratitude to each and every one of you for being the heart and soul of our vibrant Area 7. My sincerest appreciation to TM Nader Lardhi and his dedicated team for their incessant effort and contribution in keeping the momentum for the growth of Area 7.

Let us continue to inspire, empower, and uplift each other as we embark on this journey of personal and collective growth.

With warmest regards and deepest appreciation,

**DTM NIDHI BHANDARI
DIVISION B DIRECTOR**

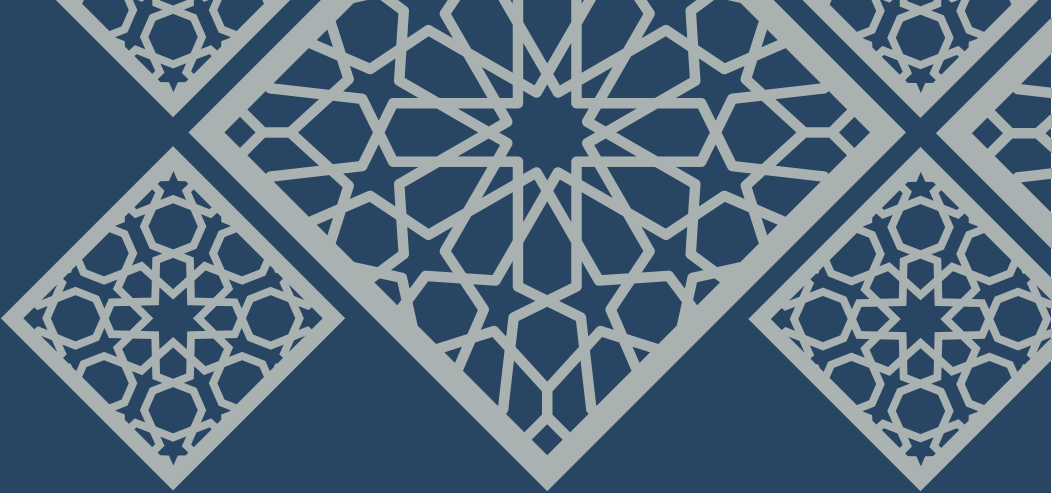


The year 2023-2024 stands out as a monumental period for Khalifa City Toastmasters, characterized by remarkable strides in members' progress through their Pathways educational journeys. Within our club, our focus extends beyond mere Distinguished Club Program (DCP) points; our priority lies in ensuring that each member actively advances through the Toastmasters Program, experiencing tangible growth and development along the way. We firmly believe that as long as our members are actively achieving their Speech Project Objectives and cultivating a thriving culture of communication and leadership, DCP points will naturally follow. This commitment to individual growth not only enriches our members on a personal level but also serves as a driving force behind our club's expansion and success.

At the heart of our achievements are the dedicated individuals who ensure the seamless functioning of our meetings, particularly our Executive Committee (EXCOM) members and our Area Director. As a President of Khalifa Toastmaster club, I have had the privilege of leading alongside an exceptional support team and working closely with our organized Area Director. Together, we have propelled Khalifa City Toastmasters to a significant milestone of reaching to the 2024 District Toastmasters Annual Conference (DTAC) and representing Khalifa Toastmaster Club in the International Speech Contest. This accomplishment is a testament to our club's collaborative spirit, unwavering determination, and overall prosperity.

Serving as President this year has been an honor, and I am immensely proud of the collective achievements we have attained. I extend heartfelt appreciation to our dedicated EXCOM members, whose tireless efforts have been instrumental in driving our club's success, as well as to the exceptional members of Khalifa City Toastmasters, whose commitment to growth and excellence fuels our collective journey. Additionally, I express deep gratitude for the unwavering support and guidance provided by our esteemed Area Director, whose leadership has been invaluable in guiding us toward our goals.

TM AHMED ABDULAZIZ ALKIYOUMI
KHALIFA CITY TOASTMASTER CLUB PRESIDENT



Why Toastmasters? It's a question that elicits a multitude of responses, each as unique as the individual who answers it.

For the neophytes, Toastmasters represents an unparalleled opportunity for personal and professional growth. It's a journey filled with excitement and enthusiasm, where every meeting, speech, and evaluation is a chance to learn and develop new skills.

For the veterans, Toastmasters is a testament to the enduring bonds forged through shared experiences. It's a place where nostalgia thrives, where memories of past triumphs and challenges overcome linger like old friends, reminding us of how far we've come.

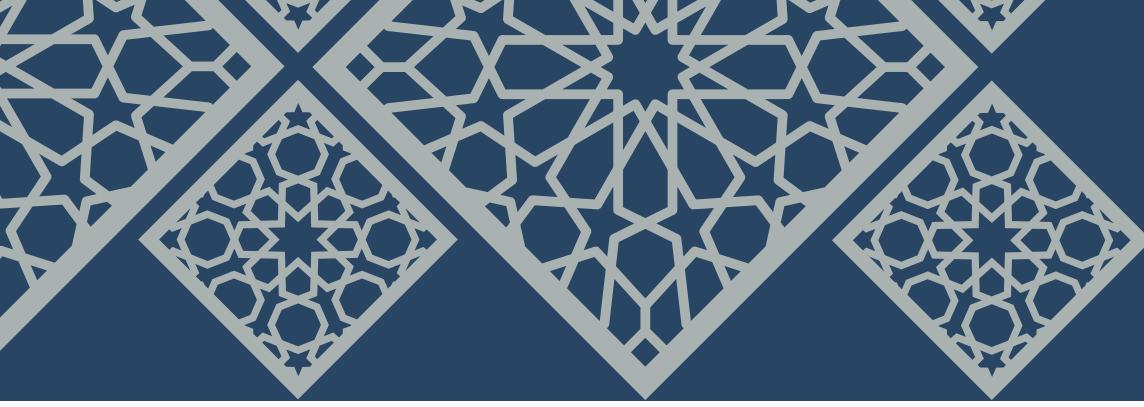
For the luminaries, Toastmasters is a platform for showcasing leadership and excellence. It's where champions are made, where the mastery of communication and leadership skills is celebrated with a champion smile and a leadership style that inspires others to reach for greatness.

And for the gavelliers, Toastmasters is a never-ending quest for self-improvement. It's a journey fueled by ambition and a relentless drive to surpass one's own limits, to constantly strive to be better than the best, and to push the boundaries of what is possible.

But above all, Toastmasters is about more than just individual achievement. It's about the collective journey of growth and discovery, bonded by core values and liberated in its fellowship. It's a community where one sentiment echoes as one voice: the unwavering commitment to personal and professional development, and the belief that through Toastmasters, we can all find, unlearn, learn, and then redefine ourselves.

TM SHUCHITA MOHIT UDAS
HUMOROIDS TOASTMASTER CLUB PRESIDENT



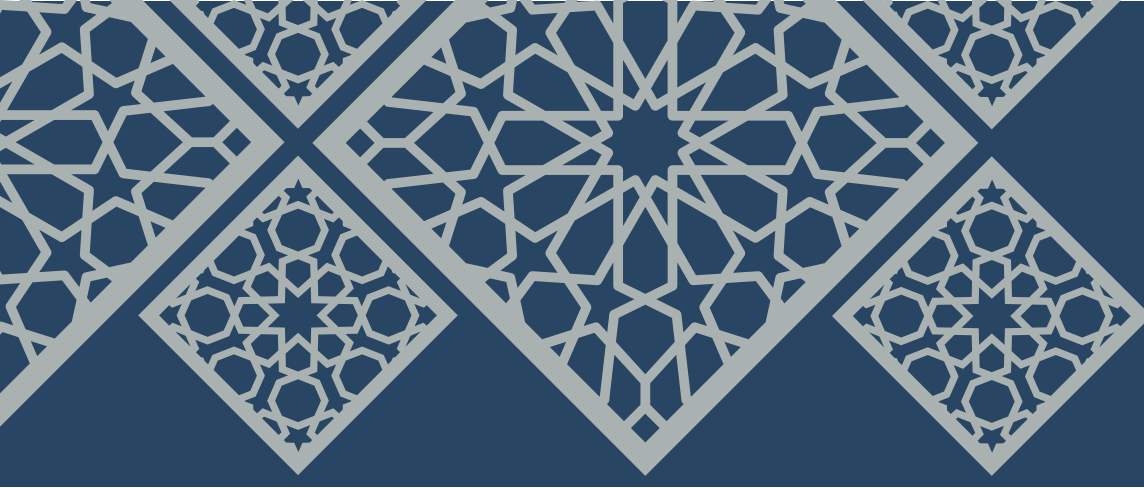


Reflecting on the accomplishments of the past year, our corporate club, EFXmasters, has undoubtedly made significant strides since its inception in June 2023. As President, I am filled with immense pride at the progress and achievements we have collectively attained as a club and as a tight-knit community. The invaluable support and guidance provided by esteemed individuals such as the Area Director, as well as prominent Toastmasters like TM Razia and DTM Namrata, have been instrumental in steering us through session formats, EXCOM responsibilities, and educational programs. Their unwavering assistance has played a pivotal role in shaping the success of our club, and we are truly fortunate to have such a supportive Toastmasters network to lean on during our journey of growth and development.

With approximately 25 active members and a steady stream of guests from within the company participating in our sessions, EFXmasters has cultivated a vibrant and inclusive environment dedicated to strengthening public speaking abilities and fostering experimentation with delivery styles. The Table Topics segment consistently garners enthusiastic participation from all attendees, adding an element of excitement and spontaneity to our meetings. Furthermore, our club's proud representation in the Area Contest, resulting in a commendable third-place finish in the Division contest, stands as a testament to the dedication and talent of our members, an achievement that fills us all with immense pride and satisfaction.

Looking ahead to 2024, I envision a year of continued growth and expansion for EFXmasters. As we strive to enhance the efficiency of our sessions and bolster the capabilities of our individual members, many of whom are poised to deliver their second and third speeches, we anticipate further consolidation of our club's standing as a hub for personal and professional development. The increasing number of regular guests expressing their desire to transition into active registered members underscores the tangible value and benefits offered by our Toastmasters sessions, serving as a testament to the positive impact we have on our participants. Additionally, we are committed to making our corporate Toastmasters club more accessible to external guests, thereby fostering greater inclusivity and engagement within our broader community. Furthermore, we endeavor to encourage our own members to explore and actively participate in sessions hosted by other Area and District clubs, fostering cross-club collaboration and enriching our collective Toastmasters experience.

TM HAMMAD HAMED
EFX MASTERS TOASTMASTER CLUB PRESIDENT



Established in 2011, Mussafah Toastmasters Club (MTC) and Mussafah Gavels Club (MGC) have become integral parts of the Abu Dhabi community, serving as beacons of personal and professional development. Affiliated with Toastmasters International, these clubs offer a supportive and enriching environment where individuals can hone their communication and leadership skills.

With a diverse membership comprising individuals from various professional backgrounds and cultures, MTC and MGC provide a platform for members to practice public speaking, refine their leadership abilities, and receive valuable feedback. The structured meeting formats, which include prepared speeches, impromptu speaking sessions (Table Topics), and constructive evaluations, help members overcome their fear of public speaking, build confidence, and develop vital communication skills.

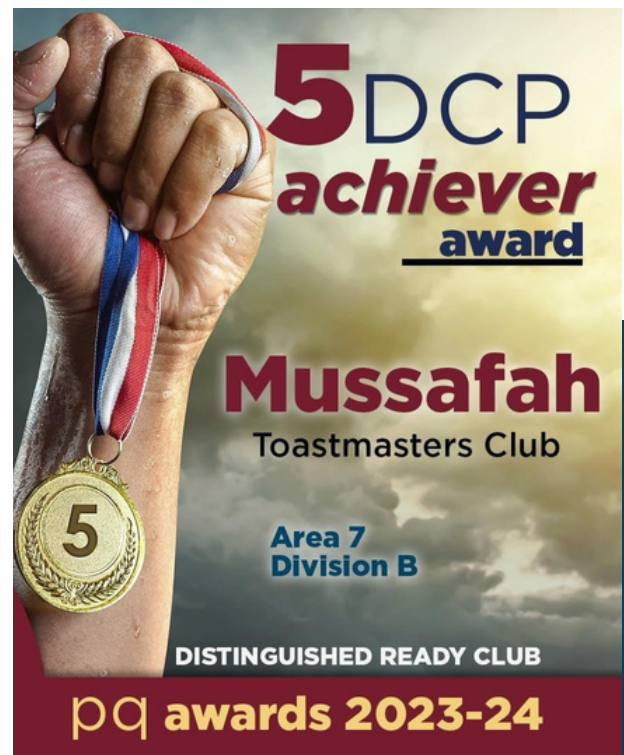
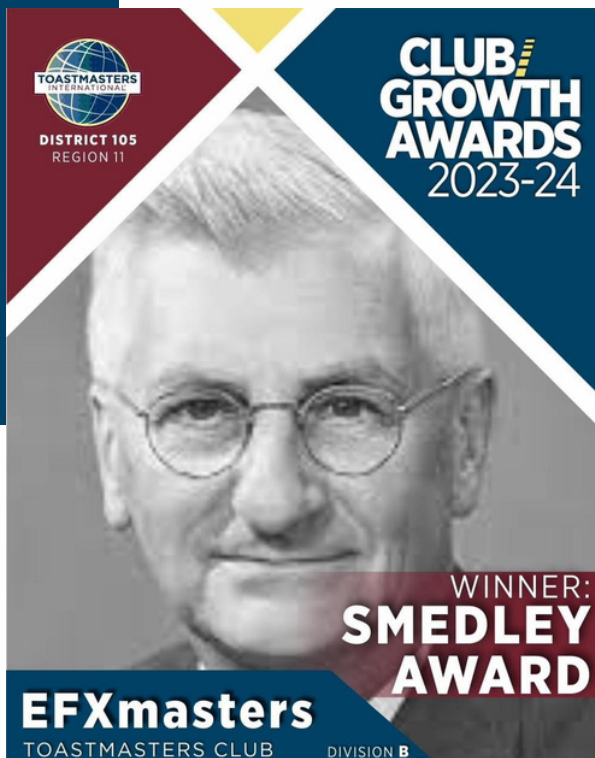
One of the key strengths of MTC and MGC lies in their robust mentorship programs, where experienced members provide guidance and support to newer members. This mentorship plays a crucial role in helping members set and achieve their personal development goals, ensuring that each individual's journey in Toastmasters is meaningful and rewarding.

In addition to their regular meetings, MTC and MGC organize contests, workshops, and community outreach programs, providing members with opportunities to further enhance their skills, network with like-minded individuals, and contribute to the community. The clubs have earned accolades such as the Smedley Award and Talk up Toastmasters Award, highlighting their commitment to excellence.

While MTC and MGC face challenges in membership retention and meeting quality, the dedication of the Executive Committee members and the support from the Area Director have been instrumental in overcoming these obstacles. Through their unwavering commitment to empowerment and transformation, MTC and MGC continue to inspire and uplift their members, making them indispensable pillars of personal and professional development in the Abu Dhabi region.

TM ARUMUGAM GNANAGURU
MUSSAFAH TOASTMASTER CLUB PRESIDENT

CLUBS ACHIEVEMENTS



CLUBS ACHIEVEMENTS



AREA CLUBS VISITS PHOTOS



DISTRICT TRIO VISITS PHOTOS



AREA 7 ANNUAL SPEECH CONTEST

23/24



AREA 7 WISHING YOU ALL THE BEST

