

Division H
SOUVENIR



Since
1924

Harmonious

BLEND OF MUSINGS



DIVISION H

GROUP PHOTO



***"Capturing memories with smiles that speak
a thousand words."***



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A Walk down the Memory Lane

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District Leaders' Message



Division H - A Diverse & Dynamic Division

Dear Harmonious Toastmasters of Division H,

As we step into the second half of the current term, I extend my heartfelt greetings to each member of our vibrant community. Our newsletter's theme, "Harmonious Blend of Musings," beautifully encapsulates the essence of our diverse and dynamic Division H.

In the diverse community of Division H, we find a harmonious blend of individuals, each contributing unique perspectives and insights. It is this rich diversity that forms the backbone of our strength as a division. From seasoned speakers to those taking their first steps on the stage, we are united by our shared passion for self-improvement and effective communication.

Allow me to share a quote that resonates with our theme: "In diversity, there is beauty, and there is strength." - Maya Angelou. Each one of you brings a unique hue to our collective palette, creating a masterpiece that reflects the strength of our unity.

In the spirit of collaboration, let us support one another in achieving our individual and collective goals. Toastmasters is more than a club, an area, or a division; it is a community that empowers its members to reach new heights. Let's celebrate our successes, learn from our challenges, and grow together. Share your experiences with others and, in the process, gain from the best practices that others have adopted.

I encourage each member of Division H to take a moment to reflect on the milestones you have achieved, the skills you have developed, and the friendships you have formed. Your collective efforts have contributed not only to the success of your clubs but also to the overall strength and vitality of our District 105.

I eagerly anticipate the stories that will unfold in the "Harmonious Blend of Musings" newsletter. Thank you for your dedication to the spirit of Toastmasters, and I am excited to witness the magic that will undoubtedly emerge from the pages of our collective narrative.

**Yours in Service and Excellence,
Jameel Shakeel, DTM
District Director - D 105.**



A Journey to Distinguished Status for Division H

In today's fast-paced world, where challenges seem insurmountable and success appears elusive, the power of teamwork and selfless contributions becomes our guiding light. Division H of District 105 Toastmasters, we are on the last lap of our Toastmasters year 2023–24. Let us embark on a collective journey towards achieving distinguished status, where our unity will pave the way for triumphs that may seem impossible at first glance.

Basics: Planning and Delegation

Picture a ship sailing across tumultuous waters. Without a well-thought-out plan, the crew risks being adrift, lost in the chaos of uncertainty. Similarly, in our Toastmasters journey, planning is the compass that guides us. It identifies the resources needed, sets a clear timeline, and anticipates potential challenges. But planning alone is not enough; every plan can become a success story only through delegation.

The Key: Delegation

By delegating tasks, we ensure that each member can focus on their strengths, contributing meaningfully to our shared goals.

With planning and delegation, our journey not only becomes manageable but also enjoyable. If the process of delegation has to be fruitful, then we require selfless contributions from our members.

The Game Changer: Selfless Contribution

Imagine a team where every member puts collective success above personal interests. This dynamic fosters a positive team culture where

trust and collaboration flourish. By making selfless contributions, we transform seemingly insurmountable tasks into achievable feats. Trust becomes the glue that binds us, collaboration becomes the bridge that spans challenges, and collective achievement becomes the flag we proudly raise. Each selfless act contributes not only to personal growth but also to the elevation of the entire team.

Toastmasters: A Platform to Experiment with Your Leadership Attributes

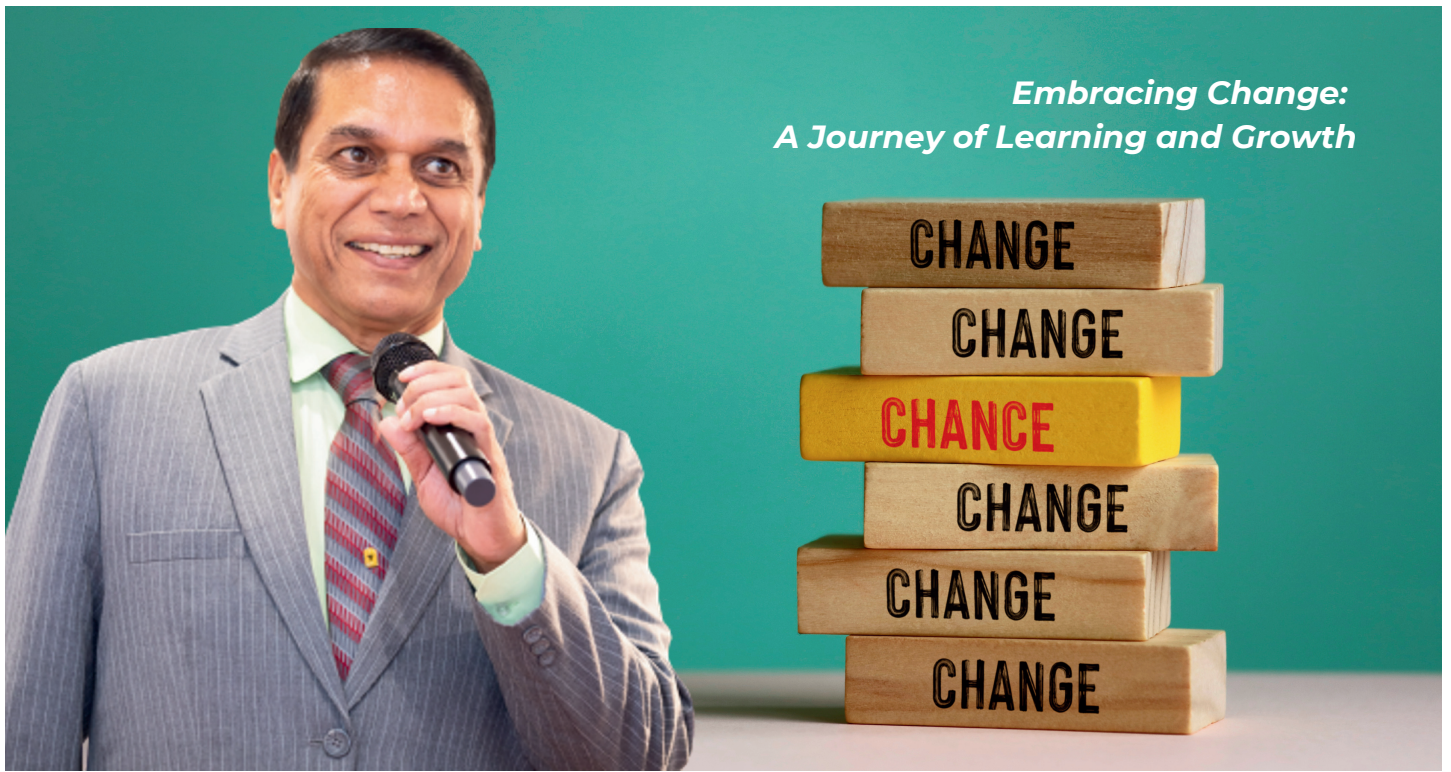
In our pursuit of excellence, Toastmasters stands as a beacon of opportunity. It provides a nurturing environment where leadership skills are honed and experimentation is encouraged. By participating actively, you can experiment with your leadership attributes, refine your skills, and draw inspiration from the diverse experiences of your fellow Toastmasters. In this supportive space, compatibility levels are not just measured but elevated, preparing you to contribute more effectively to our collective success.

Dear members of Division H, let us embrace the spirit of teamwork. Through meticulous planning, effective delegation, and the transformative power of selflessness, we can make seemingly impossible tasks achievable. Toastmasters is our vessel for experimentation and growth, a compass guiding us towards distinguished status. Together, united and resolute, we shall not only achieve but surpass our goals.

All the best Division H!!!

Saiju Victor, DTM

Program Quality Director - D 105.



*Embracing Change:
A Journey of Learning and Growth*

"Change is painful, but nothing is as painful as staying stuck somewhere you don't belong." —Mandy Hale

Last year had just passed by; we completed six months of our term. We have just finished our second round of training. Indeed, it was a good learning experience for all of us. I was more relaxed towards the end of last year, as I was in Mumbai for about two weeks. It gave me an opportunity to connect with my siblings and enjoy the festivities with them.

Every setback I encounter is a chance to reassess, adapt, and evolve, teaching me valuable lessons that shape my character and propel me forward on the path to self-discovery.

The New Year has already gotten us hooked on a lot of activities, which keeps us alert and wanting to do things we have not experienced before. One such activity on my mind is conducting an all-Oman International and Table Topics contest for the parents of the Gaveliers with the help of the District 105 Public Relations team for non-Toastmasters so that they enjoy the learning experience like their children at the Gavel Club. The Oman Gavel Championship of Public Speaking 2024 is an all-Oman event scheduled for the 2nd and 3rd of February 2024.

The New Year brings us hope to do better than what we have experienced till now. Economies keep evolving, and we cannot wait for others to push us to do better. Let's take the lead this year to be the change we want to see in ourselves.

"Cheers to a gracious New Year. May we uphold the fullness of God's grace, goodness and goodwill." — Lailah Gifty Akita

Cyprian Misquith, DTM
Club Growth Director D 105



An unfortunate and unforeseen incident happens—a wrong move, a loss, a shock—and things fall apart. You're shattered into a thousand pieces, like a broken object smashed violently on the floor. Things around you seem to be unable to be mended or blended. You feel that you'll never get over it or that you'll never be the same person again.

As they say, it's just the tip of the iceberg; more of these ship stoppers are going to be in your way, and you might wonder why this happens again and again and why to me again.

But why has life only to commend you? It's all part of the game, and guess what? It will improve, but how should we face it?

Think about it.

Which or what aspects of your life need some blending? Career path, relationships, mindset, or perhaps your habits?

In life, a simple conversation or miscommunication can sometimes break or strengthen hearts. A recent conversation due to some miscommunication took a blending out, but I tried to blend in deep and days later had an open discussion on the matter. Things got not only cleared, but I learned my humane error of reacting rather than responding.

Embrace the discomfort, learn to recalibrate, unlearn, shed away any prejudice about the situation or person, and blend in deeper to understand it better until you realize this can't get any worse, and your situation from here on will only improve, and a revamped future is awaiting on the other side.

TM Avodai Nayagam

PR Manager - D 105

Imagine Beyond – PRomote, Engage and InsPiRe



Division Advisor's Message



Nurturing Excellence: The Role of an Advisor in Toastmasters

I was little surprised when MTM Ann Thomas, Division H Director approached me to be the 'Advisor' for this Toastmaster year 2023-24. The simple reason was I am not a member of any clubs in this Division. I am sure the DD had reasons to persuade me to accept, which I gladly did, knowing that the DD had a penchant for doing things with aplomb.

As an advisor to the Division, I have had the privilege of witnessing firsthand the remarkable journeys of growth, resilience, and achievement that unfold within our vibrant Toastmasters community. Serving as a guiding light, I am honored to play a pivotal role in being a 'go to' source to the Division Director, shaping the future of the Division, fostering an environment where members thrive, excel and inspire one another to reach new heights.

One of the key responsibilities of an advisor is to provide counsel and support to Division leaders, empowering them to fulfill their roles with confidence and effectiveness. Whether it's offering guidance on strategic planning, resolving conflicts, or navigating challenges, the advisor serves as a trusted confidant and resource, helping to steer the Division towards success. The advisor also serves as a champion of the Toastmasters ethos, embodying the principles of integrity, respect, and inclusivity that lie at the heart of our organization.

The three Area Directors have completed their contests and now is the time for the gala event 'Division contests'! Given the way the Team led ably by the DD is working for the success of this event, leaving no stone unturned, I am confident this will be an event to remember.

I wish Division H success.

**With Warmest Regards,
Rajendra Varma, DTM**



Division Director's Message



**LIFE OFFERS NO LIMITS
DESIGN YOUR OWN CANVAS**

"In the early days, I had a very black and white view of everything." - Cat Stevens

Lately, I've been pondering the notion of extremes and how easily we fall into the trap of seeing things from extreme viewpoints. It's so tempting to label things as simply "good" or "bad" without truly considering their complexities. Van Morrison wisely said, "There is no black and white situation. It's all a part of life. Highs, lows, middles." Life is not always so clear-cut; it's a mix of highs, lows, and everything in between.

Often, in my haste to categorize and organize, I find myself quickly labeling things without fully understanding them. However, I've come to realize that most things are far more nuanced than a simple label can capture. When we box things into rigid categories, we limit our understanding and miss out on the richness and complexity of the world around us.

To break free from this all-or-nothing mentality, we must open our minds to new ideas and perspectives. By doing so, we can approach situations with a more nuanced view, seeing them for what they truly are rather than what we assume them to be. Letting go of expectations is also crucial, as they often lead us to see things in extremes. Instead, we should look for the gray areas and embrace the complexities of life.

It's important to avoid labeling things with a single word or phrase, as this limits our understanding. Instead, we should strive to describe things in detail, recognizing that most situations are more complex than they appear. By opening ourselves up to this complexity, we can avoid falling into the trap of all-or-nothing thinking and embrace the richness of life's experiences.

My fellow Toastmasters of Division H, let us embrace the complexity of life and approach each day with open minds and open hearts. Together, we can paint a more vibrant and nuanced picture of the world around us.

With a commitment to Excellence!

TM Ann Thomas

Division H Director - D 105



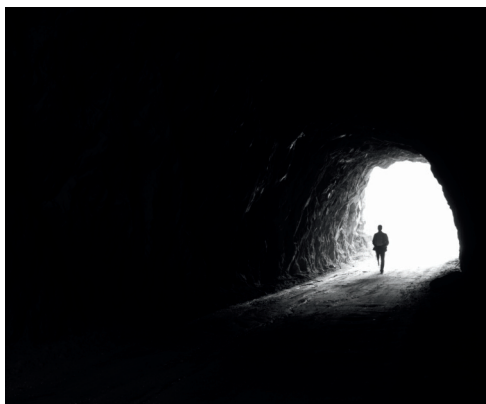
Area Directors' Message

A LITTLE PROGRESS EACH DAY ADDS UP TO BIG RESULTS



The Journey I Celebrate

I extend my gratitude to my Toastmasters fraternity for encouraging me to take up this leadership role. This journey not only made me a better communicator and speaker, but it also helped me to become a better person. While scripting the speeches, I learned that being open, free, and transparent in our thoughts would refine our writing and speaking skills; this made me make lasting friends. Being a person who admires other people's skills, talents, and acumen, I also learned to celebrate and appreciate myself. I vouch that every other Toastmaster around the globe is full of love for life and overflowing enthusiasm. It gets so contagious and radiates in multiples around one another. I wish each one of us to sparkle even more.



As Ratan Tata says, 'No one can destroy iron, but its own rust can'. Let's have the iron will and not let anything rust us. Cheers!

TM B. Hamshavardhini
Area 26 Director



My journey has been a harmonious blend of diverse experiences, much like the varied musings of a beautiful melody. What I have witnessed is that guiding and supporting Toastmasters can transform individuals into confident speakers and leaders, each adding a unique note to the harmonious chorus of our community.

Like a conductor, orchestrating meetings, workshops, and contests have always been a great challenge to ensure that every member finds their rhythm and voice. Through challenges and triumphs, I have also learned that true harmony comes from embracing differences and fostering an environment where everyone's voice is heard and valued.



My role is not just about managing clubs; it's about nurturing a culture of growth, respect, and collaboration. Each interaction, each meeting, is a chance to create a symphony of learning and development, making every moment as Area Director a melody worth remembering.

I carry with me the melody of shared successes and the harmony of a vibrant community, knowing that our musings will continue to resonate long after my tenure ends.

TM Thirumurugan
Area 27 Director



Dear Division H Members,

As we embark on this newsletter journey, I am reminded of the power of a harmonious blend. Our theme, "Harmonious Blend of Musings," encapsulates the essence of our journey as communicators and leaders.

Just as a masterful chef combines a blend of flavors to create a delightful culinary experience, let us blend our thoughts and ideas to create a harmonious symphony of communication and leadership.

In the year ahead, we, Division H members, embrace this theme as a guiding principle to seek out new perspectives, blend them with our own skills, and create a symphony of ideas that inspires and enlightens us. Together, let's explore the power of harmonious blending in our communication, leadership, and personal growth.

It is in this blending that Division H will find unique voices, resonating with authenticity and strength. Let us envision a future where our division grows and flourishes in multiple segments with all our efforts, determination, and a spirit of collaboration.

Together, let us strive for excellence in all endeavors, knowing that our collective growth will pave the way for a brighter tomorrow. Here's to the success and prosperity of Division H in the coming year and beyond!

TM Manikandan Rajagopal
Area 28 Director



Members' Articles



District 105, Division H:

Any successful organization ought to be recognized for its achievements. My sincere gratitude and admiration to our highly esteemed District 105 and exalted Division H for the morale and assistance shown.

The Theme: Thought and contemplation mingle together to create an appealing harmony.



From the coordinator's pen: Being the lead coordinator of the stupendously prestigious, highly encouraging, and contributing team makes me feel extremely blessed and ecstatic.

The incredibly dedicated team contributed a great deal of effort to create an aesthetically pleasing and vivacious newsletter for Division H.



Kudos to my role. I had the chance to collaborate with various members who are all experts in their exclusive fields, whether in writing, editing, or creating a masterpiece. Furthermore, the skills and knowledge I accumulated throughout the process will aid

in the expansion of my area of expertise. Cheers to a new beginning and a new harmony blended with contemplation.

whether in writing, editing, or creating a masterpiece.

Harmonious Blend of Musings

"Musing is the endeavor that man makes to render his existence harmonious."

Dramatic use of color, harmonious design, the interplay of light and shadow across a variety of textures, the portrayal of the figure, and other subject matter that reflects contemplation and beauty



TM Aitry Chatterjee
News Letter Coordinator, Division H
Al-Nab'a Toastmasters Club.



I didn't even realize two years had passed; it seems as if it happened yesterday. Now nearly 2.5 years into being a Toastmaster, I am working my way through Pathways and am currently in "Level 4," having taken 1 year to complete Levels 1 and 2.

I started my Toastmaster Journey in February 2022 at Al Nab'a Toastmasters Club to improve my professional career and public speaking. During my journey, I have enjoyed sharing my speeches, my thoughts, and my experiences on social media because I do find it incredibly useful, and the evenings are often fun too, because you never know what someone will say with such a varied sense of humor.

There are plenty of laughs as well as insightful speeches. When I find someone to learn from, it adds value to my life, and I would like to add value to someone else's day too. I am drafting this article to share my experiences and journey, as I believe a good thing should not be kept a secret; it should be shared.

Currently, I am the VPE (Vice President Education) of the Al Nab'a Toastmaster Club. This is the most unique experience and learning journey of my life. What an amazing milestone for a not-for-profit voluntary group, part of a not-for-profit global organization! It is brilliant that it has been going on for this period, and I can only imagine how many people have been through its "club doors" and honed their skills, leaving the group happy with their newfound confidence to do whatever they wanted to do, having gained whatever they felt they needed.

Dear Toastmasters, Al Nab'a Club has given me opportunities to practice, to be among people in similar boats, and to learn from and listen to people. I have gained more than I thought I was looking for and expanded my skills in more than one area. Where I wanted to go has taken on a different shape. My horizons have broadened, and my aims for what I want to achieve are more than about my own development.

I am proud to be a Toastmaster!

TM Yogesh Mishra
Vice-President Education
Al-Nab'a Toastmasters Club.



Each human being on this earth thrives to express themselves in various manners. There are various means, such as thoughts and words, through which we can express or communicate with others and convey our inner experiences. Thoughts and words are deeply interconnected, or we can say they are in a harmonious blend through which our thoughts shape the words we choose to express ourselves, and the words we use can also influence our thoughts.

So, what is a thought?

A thought is an idea or opinion that occurs suddenly in the mind or by thinking.

According to a new study from psychologists at Queen's University (UK) using MRI brain scans, they were able to detect thought transitions and count the number of thoughts we have per day. On average, participants had 6.5 thoughts per minute, or 6200 thoughts per day. Aren't these facts amazing?

The best example where we can witness a harmonious blend is here at Toastmasters, where we are continually at a harmonious blend with our co-members, our leaders, and our guests. The 6200 thoughts that we have in our minds come out productively at our weekly toastmaster sessions in the form of various interactions as role players or through a project speech. In our project speeches, what do we usually do? We collect all our thoughts, memories, stories, incidents, etc., and present them in the form of a well-crafted speech.

I have been the VPE of my club for two consecutive years, and along with that, I have also been a part of the District 105 PR team for two consecutive years. This year, I am the assistant CGD for Division H. I was also in the second position for the humorous speech contest at DTAC 2023. In three years of my Toastmasters journey, I have experienced success and failure as well, but the most beautiful part of my journey is the harmonious blend of the musings that I have experienced each day as a Toastmaster with a wonderful team of enthusiastic and zealous fellow toastmasters.

TM Shazia Mohiddin
Vice-President Education
SAB Toastmasters Club.



In the bustling world of education, I am a teacher by profession, shaping the minds of tomorrow. However, beyond the confines of the classroom, I proudly don the mantle of a passionate Toastmaster. The journey with Wise Minds at ISG has been nothing short of transformative, particularly through our bi-weekly sessions on alternate Saturdays.

In the realm of Toastmasters, I've discovered a sanctuary where individuals evolve into leaders, not only in their professional lives but also in their personal journeys. It's a space where we embrace vulnerability, celebrate growth, and champion each other's successes. Within our community, every speech delivered and every evaluation given is a step towards self-mastery. It's not just about conquering stage fright or refining vocal delivery; it's about honing the art of effective communication, cultivating empathy, and fostering resilience.

Being an integral part of the newsletter team for DTAC 2023 was a milestone, offering me invaluable insights into leadership and communication. The experience reached its zenith at the DTAC award ceremony, where I found myself captivated by the words of renowned speakers like Lt Col Mohammed Murad and Aditya Maheswaran; their eloquence and wisdom echoed in the hall, leaving an indelible mark on my Toastmaster's journey.

Toastmasters isn't just about public speaking; it's a sanctuary for self-discovery and leadership development. I've witnessed professionals from diverse fields, from engineering to marketing, find their voice and stride confidently into leadership roles. The camaraderie within our community is a testament to the power of shared growth.

In the heart of Toastmasters lies a profound truth: leadership isn't confined to titles or positions; it's a state of being cultivated through continuous learning and introspection. It's about recognizing the potential within oneself and empowering others to realize theirs.

As I extend this invitation to join our community, I do so with the firm belief that together we can inspire, uplift, and shape a future where every individual embraces their innate leadership potential. Join us, not just to speak but to lead—to become the architect of your destiny and the beacon of inspiration for others on their journey towards self-discovery and growth.

TM Lakshmi Ajit
Asst. Area Director - Program Quality, Area 28
WiseMinds @ ISG Toastmasters Club.



Kindness is the key!

When I was a little kid, my grandmother would hold my hand so tight that it would sometimes leave a mark on my tender wrist. Not a minute was allowed for me to stay away from her sight, as she had her own trauma behind that tight grip.

Every new moon day, I have often seen my grandmother cry, recalling her missed dad. Yes, he wasn't dead, but he got lost. I often wondered how his last days would have been without any of his children around him.



There is no place to call home. Was he begging for food? Did he not remember anything? Did he go completely blind? Was he treated with respect and care? Was he chased off from one place to another? And. Who did his final rites? I have no chance to thank those who took care of him. But I surely believe there would have been some kind soul who took care of him. As the great playwright Mark Twain wrote, "Kindness is the language which the deaf can hear and the blind can see."

At the end, it is always kindness that wins.

TM Hamsavardhini
Area 26 Director
SAB Toastmasters Club.



Creativity and art are integral parts of most festivals. Especially Dusshera when we see art in different forms. In Karnataka, the festival is also known as the Dasara Doll Festival. The main dolls of the festival are a pair of wooden dolls depicting a couple known as PATTADA BOMBE or MARAPAACHI BOMMAI. These dolls are dressed colorfully using papers or silk textiles.

In accordance with tradition, the daughter of a family in Karnataka will be handed over these dolls during her marriage so that she can continue to display them in her new house.



For generations in my family, the dresses for these dolls have been made with paper, and I love continuing the legacy. Designing and dressing these dolls is a creative endeavor. A lot of thought goes into selecting papers of different colors and textures for the main dress as well as the borders. The right accessories and jewelry also need to be created to go with the dress. As scripting the speech right in Toastmasters involves a lot of fine detailing, so it is in dressing these dolls. This artistic expression is a way to celebrate creativity and craftsmanship. Here are some of the wooden dolls dressed by me using different colored papers, as a testament to the legacy I uphold.

Lakshmi Ravi, DTM
SAB Toastmasters Club.



Happy Maker

Living beings adore it when someone is being nice to them. They think of it like, "Wow, this person is so nice! He took it upon himself to help me even though he didn't have to!" And it's very much true. No one is forced to help anyone. Yet people do it anyway, regardless of their motives, and one of my favorites is "it was the right thing to do."

We feel overjoyed when someone goes out of their way to help us carry our fallen items to the supermarket. We get charged with sunshine and rainbows when someone remembers our birthday. We feel above the clouds when we get credit for our work and hear a "thank you" or "we appreciate you."



A small gesture, a few seconds, a tiny bit of effort, and an assortment of words are all it takes to make someone's day. So, what calls you to be stingy with such a thing? When you can, you be...the maker of happy days for others.

TM Abdullah Maq Al Habsi
Salalah Toastmasters Club.



How do you prepare yourself for a humorous speech contest?

The Toastmasters Humorous Speech Contest is an event where contestants present a thematic, humorous speech. The humor should be clean, avoiding objectionable language and material. The speech must have an opening, body, and conclusion and not be a monologue. Vocal variety, gestures, and speech content contribute to a successful, humorous speech. The contest allows Toastmasters to develop their humor, timing, and engagement while entertaining the audience. It's a celebration of wit, humor, and the art of public speaking. Writing a good humorous speech for a Toastmasters contest involves several key steps:

Pick one that you find amusing and can speak about comfortably. The more you enjoy the topic, the more likely your audience will too. The best humorous speeches use humor from beginning to end, not just in the punchline. Brevity is the soul of wit. Keep your jokes concise and get to the punchline quickly. Test out your jokes before telling them to an audience. This will help you gauge their effectiveness and make the necessary adjustments. Tailor your humor to your audience. What's funny to one group might not be to another. Writing an original, clean joke that will deliver a punch takes time and patience. To make humor work, the speaker must also properly place the joke within the speech, build appropriate context around it, and structure the speech effectively.

Remember, the key to a successful, humorous speech is to keep it light and fun and enjoy the process. Good luck with your contest!

TM Ragavesh Dhandapani
Muscat Toastmasters Club.

Thy beauty is what thou feel!!

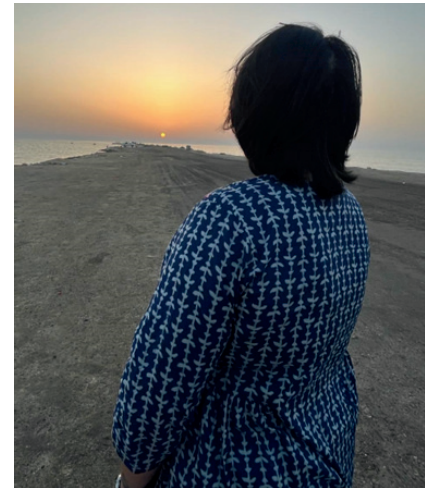


Often, we hear that 'beauty lies in the eyes of the beholder', but it makes me wonder: can mere external validation and acceptance define our worth? The definition of beauty goes beyond what eyes may see, transgressing through flesh and bones. We want people to treat us in a particular way or fit into the so-called customized structure standardized by our society. Unfortunately, we forget to treat ourselves in the desired way first. Hence, it is high time we focus on our inner radiance, as the love within is the beauty without.

There is no denial of the fact that the platform of Toastmasters has been instrumental in my journey of 'to be or not to be' in the past few months. It has given me the courage to move beyond 'why' to 'why not' and rekindled my long-lost passion for penning my thoughts into words.

In a world engrossed in flickering reality and filtered perceptions, let us shed the inhibitions that bind our wings. Let us free ourselves from the shackles of constantly trying to fit in with the expected. Let us resolve to be imperfectly perfect and embrace the flaws because, at the end of the day, what matters is the journey of self-discovery from "I wish" to "I feel"!

TM Sreya Chakraborty
Editor - Division H Newsletter
Al-Nab'a Toastmasters Club



The Power of Family: Finding Inspiration and Motivation in Loved Ones



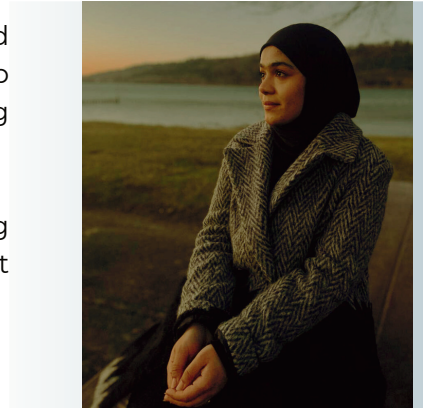
What makes anyone wake up every morning to work hard as though they haven't spent the whole day at work yesterday? What inspires people to get out of their comfort zone to achieve more? What makes some of us always inspired while others aren't?

It's basically the beloved child inside us, who has always been surrounded by a loving mom, a caring dad, brothers, sisters, friends, and random influencers. We achieve our dreams because we desire to succeed and leave an impact on the world. However, the greatest influence we have while celebrating our success is the smile we draw on our family's faces. Nothing can gratify us more than paying back what our loving parents and supporting partners have given us to let us shine. The moments they supported us without hesitation built what we are today.

Recognizing the positive influence we get from our family, appreciating it, and starting to work harder in order to thank them is the basic reason we wake up every morning. Imagine them living a better life, so you stop questioning yourself, "What is worth it?".

I'm inspired and will maintain the great work to achieve more dreams. Nothing in this huge world is prettier than my parents' smile; my promise is to keep it on their faces always.

TM Rugiya
Sohar Toastmasters Club



As life is full of chances everywhere, our main priority is to look for those opportunities and catch them eagerly. This is exactly what happened to me, as I am seeking the development of my abilities and skills.

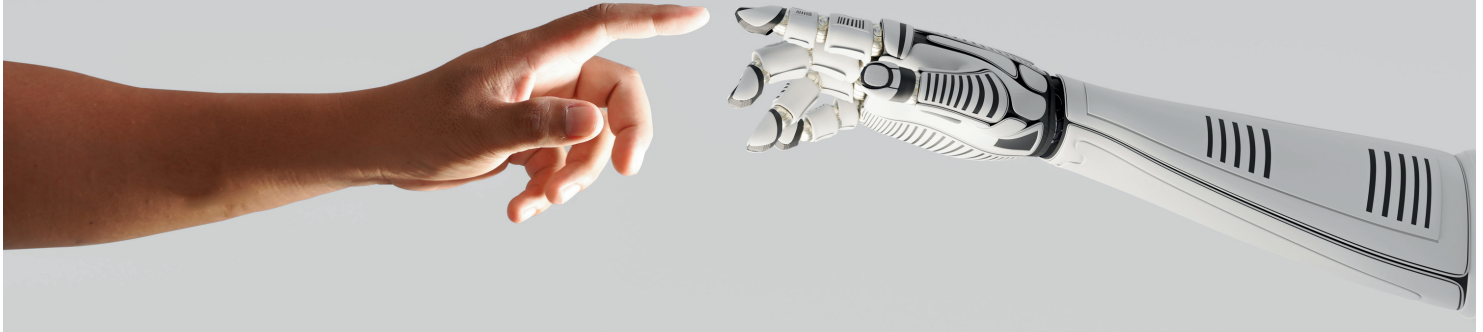
I still remember that moment when someone surprised me with his excellence in speaking and delivering organized speeches. Later, I found out about his enrolment in the Toastmasters club. In fact, it was the golden chance to join Sohar Toastmasters, as I found the suitable environment for practicing and honing speaking and leadership skills. The weekly sessions are aimed at fulfilling the needs of every participant. Reflections and evaluations are fundamental keys to continued performance and progress.

The team is eager to welcome new members and provide support for taking part in every session. Errors and low levels of confidence are not things to be laughed about, but they are areas taken care of by evaluators during the follow-up observation.

Furthermore, appreciation and rewards are provided widely and noticeably. As a result, the majority of participants are eager to give speeches and take part in the sessions actively. I'm really happy to join Sohar Toastmaster, and I look forward to succeeding in developing my skills.

TM Salim
Sohar Toastmasters Club

Toastmasters: Bridging the Gap between Technology and Humanity



“We live in an analog world, but most of the things that we use today are digital. “

The world is changing at a good pace, and so is our work culture. So, we must keep ourselves updated constantly and remain open to continuous improvement. In the past few years, one of the trendiest technologies has been ‘Artificial Intelligence (AI)’. The more I see its application in the real world, the more I get surprised. Technologists around the world are forecasting that AI may pose challenging jobs in the fields of coding, driving, content writing, data analytics, cyber security, medical diagnostics, and so on. But one thing I am assured of is that it can’t beat the role of humans, where human emotions and intelligence are required. Fields like therapy, counseling, leadership roles, judging, research, innovation, etc. require human touch.



TM Gaurav kumar
Division Finance Manager - Division H
Sohar Toastmasters Club

In this context, I believe Toastmaster directly or indirectly helps us become future-ready. Consider for a moment the power of a heartfelt anecdote, a shared struggle, or a happy journey. These narratives are not just strings of words; they are gateways to our shared humanity. Toastmaster zests the human touch—the shared laughter, the empathetic nods, and the unspoken understanding that bind us together. It helps us become better communicators and future leaders and adds sensitivity to our character.

Although, before joining Toastmaster, I had not thought in this way. The way technologies are changing demands that the world become digitally savvy. Last year, Toastmaster also introduced the AI tool ‘Yoodli’. So, it’s time to learn both—how to leverage the latest technology and how to be empathetic. The future is exciting!!



Division Geography

Division H



AREAS	CLUBS	TOTAL MEMBERS
3	12	173

Area Leaders



AREA 26
TM Hamsavardhini



AREA 27
TM Thirumurugan



AREA 28
TM Manikandan Rajagopal

Clubs Area Wise

AREA 26	AREA 27	AREA 28
Royal Toastmasters Club	Sohar Toastmasters Club	Al-Nab'a Toastmasters Club
SAB Toastmasters Club	Sohar Aluminium Toastmasters Club	Speak & Lead Toastmasters Club
Salalah Toastmasters Club	Creative Toastmasters Club	Muscat Toastmasters Club
Nama Water Toastmasters Club	Ibri Toastmasters Club	WiseMinds @ ISG Toastmasters Club



**A Walk down the
memory lane...**

AREA 26



WE FINALLY CONCEIVED BELIEVED

AREA 27

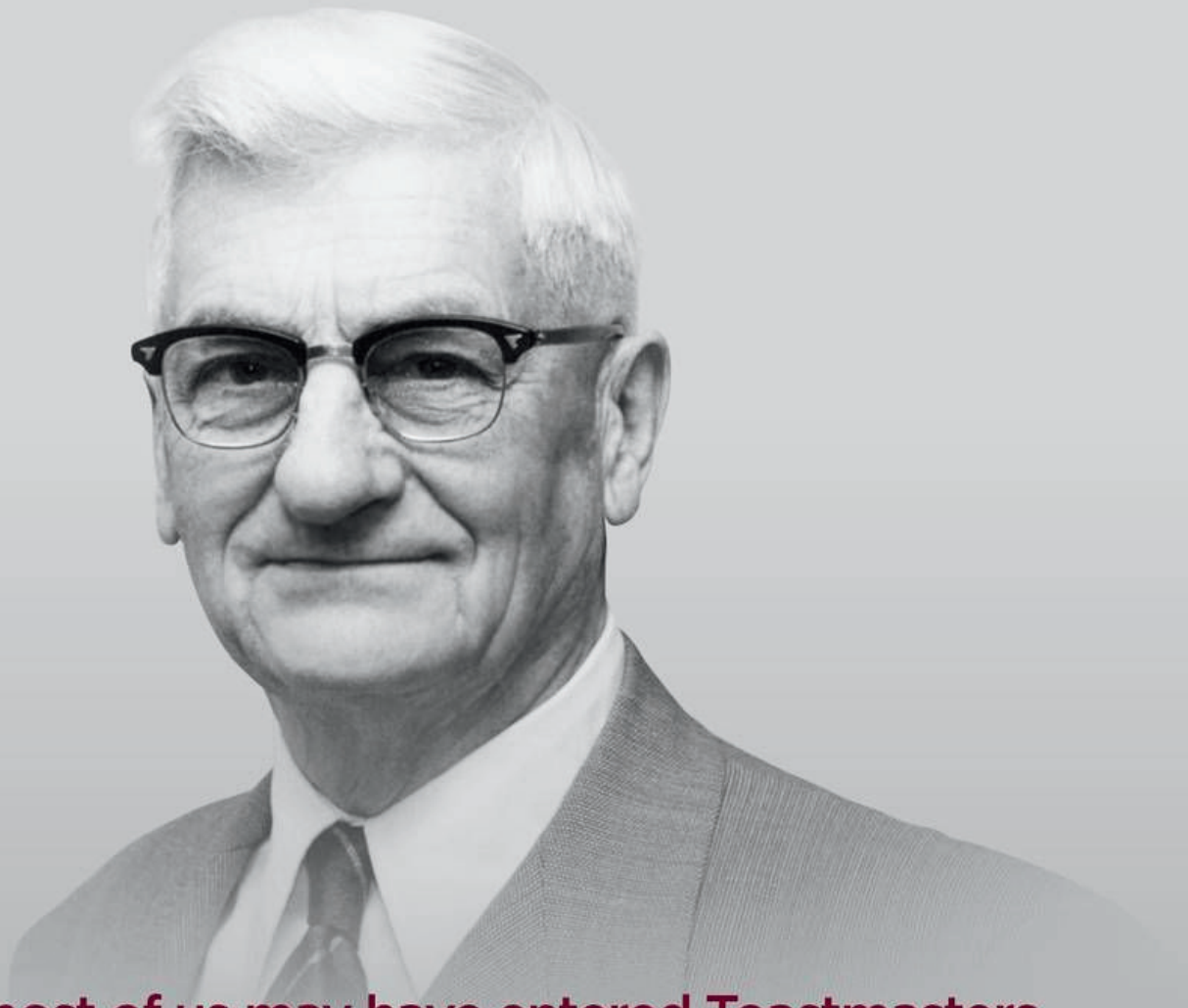


AREA 28



TOASTMASTERS
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Since
1924



“While most of us may have entered Toastmasters to learn to make speeches, that benefit is but the beginning of the good which may come to us and the good which we may do for mankind.”

— Ralph C. Smedley

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